

2026 SGIM Midwest Regional Meeting

Northwestern University

Monday, October 19, 2026

Registration: 7:00 am – 6:00 pm

Breakfast	8:00 AM – 8:45 AM
------------------	--------------------------

Opening and National Update	8:45 AM – 9:00 AM Feinberg A
------------------------------------	---

Mark Schwartz, MD; SGIM President

Eric Bass, MD, MPH, FACP; Chief Executive Officer SGIM

Plenary Session 1	9:00 AM – 9:45 AM Feinberg A
--------------------------	---

Intro: Richard H. Cartabuke, MD; SGIM Midwest Regional President

Speaker: Sarah Messmer, MD; University of Illinois Chicago

Transition Break	9:45 AM – 10:00 AM
-------------------------	---------------------------

Concurrent Session A	10:00 AM – 11:00 AM
-----------------------------	----------------------------

Workshop A1	Feinberg A
--------------------	-------------------

Crossing the Bridge: Real-World Challenges in Obesity Management for Older Adults

Faculty:

Yael Mauer, MD, MPH; Cleveland Clinic

Diana Isaacs, PharmD; Cleveland Clinic

Workshop A2	Feinberg B
--------------------	-------------------

Find Your Herbie: A Theory-of-Constraints Toolkit to Engage IM Residents in Quality Improvement

Faculty:

Sharan Jhaveri, MD; Cleveland Clinic

Amy Lynn Teleron, MD; Cleveland Clinic

Andrew Young, DO; Indiana University School of Medicine

Eric Yudelevich, MD; Cleveland Clinic

Workshop A3	Feinberg C
--------------------	-------------------

Building Confidence in Sexual Health Conversations and STI Prevention Options for Internal Medicine Providers

Faculty:

Michael Houghan, MD; Department of Medicine University of Wisconsin-Madison

Daniel Pastan, MD; Department of Medicine University of Wisconsin-Madison

Workshop A4	Feinberg D
--------------------	-------------------

Turning Turbulence Into Trust: A Strategic Approach to the "Angry" Patient

Faculty:

Nivedita Gunturi, MD; Rush University Medical Center

As of 9/25/26

Morning Break	11:00 AM – 11:10 AM
----------------------	----------------------------

Update 1	11:10 AM – 11:50 AM Feinberg A
-----------------	---

Primary Care Face-Off: Debating Topics Without Consensus

Introduction: Richard Cartabuke, MD; SGIM Midwest Regional President

Speaker: Andrew Young, DO; Indiana University School of Medicine

Humanities Presentations	11:50 AM – 12:10 PM Feinberg A
---------------------------------	---

Lunch & Exhibits	12:10 PM – 1:00 PM
-----------------------------	---------------------------

Transition Break	1:00 PM – 1:05 PM
-------------------------	--------------------------

Concurrent Session B	1:05 PM – 2:05 PM
-----------------------------	--------------------------

Scientific Abstract Oral Session B	Feinberg A
---	-------------------

Identifying Gaps in Telemetry Stewardship on an Academic Inpatient Medical Service: a Retrospective Cohort Study

Presenter: Michael Miller, MD; University of Iowa Hospitals and Clinics

Are Students Locking into Competitive Specialties Earlier After USMLE1 Pass/Fail? Implications for Medical Education and the Physician Workforce

Presenter: Vineet Arora, MD; The University of Chicago Pritzker School of Medicine

Weight Loss Outcomes with Semaglutide and Tirzepatide in Multidisciplinary Bariatric versus Primary Care Settings: A Retrospective Cohort Study

Presenter: Brittany Weisbrot, MD; Loyola University Chicago Stritch School of Medicine

Efficacy of Obefazimod in Moderate-to-Severe Ulcerative Colitis: A Systematic Review and Meta-Analysis

Presenter: Tesneem Al-Mwajeh, MD; Henry Ford Macomb Hospital

Clinical Vignette Oral Session B	Feinberg B
---	-------------------

Temporary Anticoagulation Interruption in a High-Risk Patient: Limb-Threatening Iliofemoral DVT in Lenalidomide-Treated Multiple Myeloma

Presenter: Abeer Abukamil, MD; Wayne State University School of Medicine

Think Outside the Brain: Atypical Thyrotoxicosis Presenting as Progressive Neuropsychiatric Decline

Presenter: Sarah Schervish, DO; McLaren Flint Hospital

Naming Racism in the Exam Room: A Race-Conscious Approach to Prostate Cancer Screening Discussions in the Primary Care Setting

Presenter: Michaela Whitelaw, MPH; Emory University School of Medicine

A Rare Polymicrobial Partnership: Pneumococcal Tricuspid Valve Endocarditis With Staphylococcus warneri on Valve Tissue Culture

Presenter: Aanchal Gupta, MD; McLaren Flint Hospital

Innovation Oral Session B

Feinberg C

From Phone Calls to Real-Time Data: Implementation of the First Operational Methadone-to-Prescription Monitoring Program Reporting System in Illinois

Presenter: Jaehyuk Song, BS; Rush University Rush Medical College

Mobile Colorectal Cancer Screening: A Community-Centered, Evidence-Based Model to Reduce Healthcare Disparities

Presenter: Alexandra Wolner, BA; University of Minnesota Medical School

Increasing utilization of Medicare Annual Wellness Visits through a novel, intertwined Geriatric Nurse Practitioner and Primary Care Physician Shared Workflow

Presenter: Samuel Wainwright, MD; University of Illinois Chicago College of Medicine

From Guidelines to Action: Implementing ASCVD Risk Assessment Through EHR Innovation and Clinician Engagement

Presenter: Kathryn Tobin, MD; The Ohio State University Wexner Medical Center

Transition Break

2:05 PM – 2:10 PM

Update 2

2:10 PM – 2:50 PM

Feinberg A

Impactful Updates in Inpatient Practice

Introduction: Richard H. Cartabuke, MD; SGIM Midwest Regional President

Speaker: Dr. Kashif Khan, MD; Ohio State University Wexner Medical Center

Afternoon Break

2:50 PM – 3:00 PM

Concurrent Session C

3:00 PM – 4:00 PM

Workshop C1

Feinberg A

Medication Access: Tools and Teaching to Address Barriers

Faculty:

Anna Briker, MD; Northwestern University Department of Medicine

Elizabeth Anne Schnarle, MD; Northwestern University Department of Medicine

Sara Al Azmeh, PharmD; Northwestern Memorial Healthcare

Mary Rodriguez, BA; Northwestern Memorial Healthcare

Christine Schaeffer, MD; Northwestern University Department of Medicine

Workshop C2**Feinberg B**

Hot Flashes to Hormones: An Interactive Case-based Session on Menopause Management in the Primary Care Setting

Faculty:

Cherie Lo, MD; Northwestern University Feinberg School of Medicine
Mary Clare Lipa, MD; Northwestern University Feinberg School of Medicine
Samantha Mannion, MD; Northwestern University Feinberg School of Medicine
Jordi Friedman, MD; Northwestern University Feinberg School of Medicine

Workshop C3**Feinberg C**

Growth Mindset, Career Reflection, and Professional Identity Formation during Transformative Periods

Faculty:

Stacey Jolly, MD; Cleveland Clinic Foundation
Eric Yudelevich, MD; Cleveland Clinic Foundation
Abby Lynn Spencer, MD; Washington University in St Louis
Wei Wei Lee, MD; University of Chicago Pritzker School of Medicine

Workshop C4**Feinberg D**

CKD Management for the Generalist

Faculty:

Milda Saunders, MD, MPH; University of Chicago
Bjorg Thorsteinsdottir, MD; Mayo Foundation for Medical Education and Research
David Haggstrom, MD; Regenstrief Institute Inc
Amy Schwartz, MD; VA Connecticut Healthcare System West Haven VA Medical Center
Aniruddah Rao, MD; University of Michigan
Nicholas Kowalczyk, MD; University of Chicago Division of the Biological Sciences
Scott Joy, MD; Rose Medical Center
David Feldstein, MD; University of Wisconsin System
Andrew Davis, MD; University of Chicago

Poster Session

4:05 PM – 5:05 PM
Krumlovsky Atrium

A list of poster presentations will be included in the meeting Mobile App.

Tuesday, October 20, 2026

Registration 8:00 AM – 12:00 PM

Breakfast

8:00 AM – 8:45 AM

Plenary Session 2

9:00 AM – 9:45 AM

Feinberg A

Intro: Richard H. Cartabuke, MD; SGIM Midwest Regional President

Speaker: Julie Oyler, MD; University of Chicago

Transition Break

9:45 AM – 10:00 AM

Concurrent Session D

10:00 AM – 11:00 AM

Scientific Abstract Oral Session D

Feinberg B

Sneakers 2 Scrubs: An Innovative Approach to Addressing Underrepresentation of Black Males In Medical School Pipeline Programs

Presenter: Jameel Babatunde Alausa, BA; The University of Chicago Division of the Biological Sciences

Meta-analysis of Strep Scores Using Stratum Specific Likelihood Ratios

Presenter: Charles Mervak, BS; Michigan State University College of Human Medicine

Parental Delay Discounting Predicts Adolescent Health Risk Behaviors Independent of Adolescent Delay Discounting

Presenter: Adhithi Athikumar, MD; Wayne State University School of Medicine

Predictors of Hospitalization for Recurrent Clostridioides difficile Infection: A 5-Year National Database Study.

Presenter: Jinali Shah, MBBS; Narendra Modi Medical College

Clinical Vignette Oral Session D

Feinberg C

Cisplatin-Induced Thrombotic ST-Elevation Myocardial Infarction

Presenter: Ethan Belnap, MD; Rush University Rush Medical College

Starvation-Induced Iron Overload and Hepatocellular Injury in a Young Male with Anorexia Nervosa: A Novel Presentation Amid a Rising and Underrecognized Epidemic in Men

Presenter: Nikkida Bundrant, MD; University of Iowa Hospitals and Clinics

Complete Common Iliac Artery Occlusion Presenting as a Painful Cutaneous Ulceration

Presenter: Jason Zhang, MD; Northwestern University Feinberg School of Medicine

When Infection Is Not the Answer: A Case of Suspected Drug-Induced Pneumonitis in a Patient Receiving Multiple Potentially Pneumotoxic Medications

Presenter: Sindhuja Vasam, MD; Saint James School of Medicine

Innovation Oral Session D**Feinberg D**

GenAI-Assisted Clinical Reasoning in Morning Report: Evaluating a Gemini-Integrated Differential Diagnosis Exercise for Third-Year Medical Students

Presenter: Elise Kwizera, MD, MPH; Cleveland Clinic

Implementation of a Multidisciplinary Breast Cancer Risk Assessment Pathway Following FDA Breast Density Notification Requirements: Preliminary Results of a Quality Improvement Initiative

Presenter: Angel Sanchez, BS; John H Stroger Jr Hospital of Cook County

Reimagining Resident Wellness: Empathy skills training to combat burnout in internal medicine residency

Presenter: Elizabeth Fisher, MD; Rush University Medical Center

Beyond Orientation: A Longitudinal Ambulatory Transition-to-Residency Curriculum for Internal Medicine Interns

Presenter: Josune Iglesias, MD; John H Stroger Jr Hospital of Cook County

Teaching Competition**Feinberg A**

When Heparin HITs Back

Presenter: Ryan Dingle, MD; Washington University in St Louis

The Fast and the Fluctuous: Inpatient Insulin Insights

Presenter: Jenny Chen, MD; Washington University in St Louis

When the Diagnosis Is Not the Destination: Avoiding Dismissal and Building Trust in Complex Chronic Illness

Presenter: Rebecca Miller, MD Candidate; Michigan State University College of Human Medicine

How to Give Effective Chalk Talks

Presenter: Isabel Hartner, MD; Rush University

Transition Break**11:00 AM – 11:10 AM****Update 3****11:10 AM – 11:50 AM****Feinberg A**

The Cardiorenal Revolution: Update on the Evidence that will change the Care of Patients with CKD and Heart Failure

Intro: Richard H. Cartabuke, MD; SGIM Midwest Regional President

Speaker: Curtis Wright, MD, MBA; Indiana University School of Medicine

Awards, Closing Session, and Refreshments**12:00 PM – 12:30 PM****Feinberg A**