



Theme: *Stronger Together: Community, Belonging, and Growth as the Foundation of Care*

Date: Saturday, October 10th, 2026

Location:
Perelman School of Medicine at the University of Pennsylvania

#SGIMMidAtlantic

Breakfast & Registration	7:30 AM - 8:00 AM
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Opening Remarks & National Update	8:00 AM – 8:20 AM
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Welcome

Rani Nandiwada, MD, MEd; SGIM Mid-Atlantic Regional President

National Update

Eric Bass, MD, MPH; SGIM CEO

Mark D. Schwartz, MD; SGIM President

Keynotes	8:20 AM – 9:20 AM
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Atheendar S. Venkataramani, MD, PhD; University of Pennsylvania

Mind the Autonomy Gap: Lessons from Research, Government, and the Pursuit of Reproductive Health Equity

Sonya Borrero, MD; University of Pittsburgh Medical Center

Poster Session 1	9:25 AM – 10:40 AM
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Poster presentation details will be included in the mobile app.

As of September 15, 2026

Concurrent Session 1**9:55 AM – 10:40 AM****Clinical Vignette Oral Presentation Session**

A Rare Case of Pulmonary Benign Metastasizing Leiomyoma Involving the Liver Requiring Hormonal Therapy and Surgical Resection

Presenter: Sahithi Reddi, MD; Stony Brook University

ArtriKing of Iatrogenic Cushing's Syndrome; A case report highlighting the harms of unregulated over the counter supplements

Presenter: Koushik Tuppil, MD; Rutgers – Robert Wood Johnson Medical School

More Than the Heart and Lungs: Recognizing Ticagrelor-Induced Dyspnea

Presenter: Oikigbeme Oikeh, MD; NYC Health and Hospitals - Elmhurst

Arts in Medicine Session

Sea of Stretch(ER)s

Presenter: Erin Yoo, BA; Columbia University

Cheyne-Stokes

Presenter: Amber Carr, MEd; Penn State College of Medicine

The Internist as Wounded Healer

Presenter: Abhirami Raveendran, MD; University of Maryland Medical System

I No Longer Know What is Mundane

Presenter: Carolyn Chow, MD; University of Pennsylvania

Transition Break**10:40 AM – 10:45 AM****Workshop Session 1****10:45 AM – 11:45 AM****Workshop 1A**

Nurturing Trainee Advocacy from Medical School to Residency

Faculty:

Vineeth Amba, MD, MPH; Icahn School of Medicine at Mount Sinai

Elizabeth Kolod, MD, MPH; Icahn School of Medicine at Mount Sinai

Erin Goss, MD; Montefiore Einstein Medical Center

Lauren Block, MD, MPH; Zucker School of Medicine at Hofstra/Northwell

Workshop 1B

A Practical Workshop on Understanding and Using AI as a Clinician

Faculty:

Farah Deshmukh, MD; Hackensack Meridian Health Inc

Workshop 1C

Rewriting Empathy: An Introduction to Narrative Medicine for the Time-Starved Clinician

Faculty:

Daniel Ambrosio, BS; Hackensack Meridian School of Medicine

Emma Maiman-Stadtmauer, BA; Hackensack Meridian School of Medicine

Kevin Li, BS; Hackensack Meridian School of Medicine

Miriam Robin, MD; SUNY Downstate Health Sciences University College of Medicine

Workshop 1D

Lost Along the Way? Using Developmental Frameworks to Coach Struggling Learners in their Professional Identity Formation

Faculty:

Tovah Tripp, MD; Hackensack Meridian School of Medicine

Joshua Josephs, MD, PhD; Hackensack Meridian Health Inc

Ahmad Khawam, BS; Hackensack Meridian School of Medicine

Lunch & Mentoring Tables

11:45 AM – 12:45 PM

Consider participating in a mentoring table during lunchtime. Each subject will have a designated table.

**Medical Education*

**Primary Care*

**Advocacy*

**Research*

**Hospitalist Medicine*

Teaching Competition Session

12:45 PM – 1:45 PM

Beyond LDL: A Case-Based Approach to the 2026 Dyslipidemia Guidelines

Presenter: Sri Nuvvula, MD; Northwell Health

Can My Patient Vote? A Systems Approach to Hospital Voting

Presenter: Madalyn Fernbach, BS; Penn State College of Medicine

Beyond Translation: Designing Patient-Centered Visual Consent Tools for Bedside Procedures

Presenter: Asal Bastani, BS; Drexel University College of Medicine

What are Medical Orders for Life-Sustaining Treatment (MOLST) & Provider Orders for Life-Sustaining Treatment (POLST)?

Presenter: Ana Jimenez, BS; Northwell Health

RISCy Business: A Framework for Inpatient Pre-Operative Risk Assessment

Presenter: Rujuta Patil, MD; University of Pittsburgh

Updates in Hospital Medicine**Faculty:**

Krystle Hernandez, MD; Icahn School of Medicine at Mount Sinai
Alfred Burger, MD; Icahn School of Medicine at Mount Sinai
Niloofer Latifi, MD; Johns Hopkins Medicine
Lindsey Fox, MD; Icahn School of Medicine at Mount Sinai

Updates in Primary Care**Faculty:**

Harish Jasti, MD; Icahn School of Medicine at Mount Sinai
Joo-Young Lee, MD; Icahn School of Medicine at Mount Sinai
Claudia Torres, MD; Icahn School of Medicine at Mount Sinai
Jennifer Weintraub, MD; Icahn School of Medicine at Mount Sinai
Joseph Wendt, MD; Icahn School of Medicine at Mount Sinai

Updates for General Internists: The Healthcare Safety Net in 2026 and Beyond**Faculty:**

Vineeth Amba, MD, MPH; Icahn School of Medicine at Mount Sinai
Robin Canada, MD; University of Pennsylvania
Allison DeKosky, MD; University of Pittsburgh Medical Center
Elizabeth Kolod, MD, MPH; Icahn School of Medicine at Mount Sinai
Paula Chatterjee, MD, MPH; University of Pennsylvania

Workshop 2A

Beyond “I Could Eat Better”: Utilization of a Nutrition Questionnaire to Improve Counseling in Primary Care

Faculty:

Emma Maiman-Stadtmauer, BA; Hackensack Meridian School of Medicine
Daniel Ambrosio, BS; Hackensack Meridian School of Medicine
Jack P. Cucchiara, BS; Hackensack Meridian School of Medicine
Amrik Singh Khalsa, MD, MSc; Nationwide Children's Hospital

Workshop 2B

A Guide to Continuous Glucose Monitors for Primary Care Physicians

Faculty:

Josef Nathaniel Saltonstall Kushner, MD; Lenox Hill Hospital, Northwell Health
Rebecca Zeidman, DO; Lenox Hill Hospital, Northwell Health
Cristina Rabadi, MD; Lenox Hill Hospital, Northwell Health
Bobby James Gerich Jr., MD; University of Pittsburgh Medical Center

Innovation Oral Presentation Session (3 Presenters)

Maximizing Resident Attendance at Didactic Teaching Conferences: A Quality Improvement Initiative

Presenter: Zarik Kazi, MD; Maimonides Medical Center

Clinical Decision Tool for Deprescribing Proton Pump Inhibitors in a Resident Clinic: Turns Out Everyone Does Not Need a PPI

Presenter: Gaelan Montoya, MD; Northwell Health

A Leadership-Based Intervention to Reduce Diffusion of Responsibility During Simulated Cardiac Arrest

Presenter: Yash Patel, BA; Beat to Breathe CPR

Scientific Abstract Oral Presentation Session (3 Presenters)

Feasibility of AI Retinal Screening for Diabetic Retinopathy in Primary Care

Presenter: Marguerite Balasta, MD; University of Pennsylvania

GLP-1 Therapy and Risk of Gastrointestinal Bleeding in Patients Receiving Anticoagulation: A TriNetX Retrospective Cohort Study

Presenter: Lovette Oji, MD; University of Pittsburgh Medical Center, Harrisburg

Elevated Lipoprotein(a) and Risk of Ischemic Stroke: A Systematic Review and Meta-analysis of Prospective Cohort Studies

Presenter: Sourish Rathi, DO; Stony Brook Medicine

Workshop Session 3**4:00 PM – 5:00 PM****Workshop 3A**

Protecting Immigrant Patients: Strategies for Advocacy, Safety, and Trust

Faculty:

Shobana Ramasamy, MD; New York City Health and Hospitals

Robin Canada, MD; University of Pennsylvania Perelman School of Medicine

Janie Abernathy, MBE, MD; Johns Hopkins Bayview Medical Center

Zack Berger, MD; Johns Hopkins University School of Medicine

Workshop 3B

De-Clutter Your Career: Value-Diving and Applying Essentialism to Focus Your Work

Faculty:

Peter Yen, MD; University of Pennsylvania

Margot Cohen, MD, MEd; University of Pennsylvania

Workshop 3C

From Accidental User to Intentional Teacher: Coaching Competent, AI Enabled Clinicians While Preserving Academic Integrity

Faculty:

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Amteshwar Singh, MD, MEd; Johns Hopkins University School of Medicine
Janie Abernathy, MD, MBE; Johns Hopkins University School of Medicine
Paul O'Rourke, MD, MPH; Johns Hopkins University
Sammy Zakaria, MD, MPH; Johns Hopkins University School of Medicine

Workshop 3D

Mind the Communication Gap: Using Verbal and Physical Communication Aids to Explain Complex Medical Concepts

Faculty:

Alexandra DeSousa, MD; Lankenau Medical Center
Kavita Chapla, MD; Johns Hopkins Bayview Medical Center
Jordan See, MD, MS; University of Pennsylvania Perelman School of Medicine
Alexandra Larsen, MD, MSc; Lankenau Medical Center
Michael Galperin, DO; Lankenau Medical Center
Keith Lee, DO; Lankenau Medical Center

Closing Session & Awards

5:05 PM – 5:30 PM

Awards Ceremony

SGIM Mid-Atlantic Planning Committee

Closing Remarks

SGIM Mid-Atlantic Regional President