



2026 SGIM Southern Regional Meeting

Conference Center on 11
601 Poydras Street, 11th Floor
New Orleans, LA 70130

Thursday, February 26, 2026		
Time	Event	Room
1:00 – 5:00 pm	<u>Pre-Course</u> (<i>Additional fee Required</i>) Equity and Advocacy in Action Chair: Tracey L. Henry, MD; Emory University School of Medicine Co-Chairs: Jennifer Cowart, MD; Mayo Clinic Toby Terwilliger, MD; Emory University School of Medicine Facilitators: Immigration Nishi Kumar, MD; Baylor Scott & White Primary Care Disability Tiffany Hines, MD; Vanderbilt University School of Medicine LGBTQI Chris Terndrup, MD; Vanderbilt University Medical Center Women's Health Meagan Williams, MD; UT Health Austin Anti-Racism TBD	Orleans

Friday, February 27, 2026		
Time	Event	Room
7:00 – 8:00 am	<u>Registration and Breakfast</u>	Lobby
8:00 – 8:10 am	<u>Welcome</u> Jennifer Cowart, MD; Southern Region President and Meeting Co-Chair Anupama Kapadia, MD; Southern Region Meeting Co-Chair	Auditorium
8:15 – 9:15 am	<u>Concurrent Session A</u> Guidelines for (The Game of) LIFE: Caring for Adults with Down Syndrome	Orleans

As of February 4, 2026

Faculty:

Emily Bufkin, MD; The University of Texas SW Medical Center
Carlie Stein, MD; The University of Texas SW Medical Center
Kylie Cullinan, MD; The University of Texas SW Medical Center
John Nichols, MD; The University of Texas SW Medical Center
Ruchita Iyer, Medical Student; The University of Texas SW
Medical Center

Applied AI for Internists: A Clinical Escape Room

Marigny

Faculty:

Kajal Patel, MD, MPH; Emory University School of Medicine
Reema Dbouk, MD; Emory University School of Medicine
Mary Solis, MD; Emory University School of Medicine
Mary Stout, MD; Emory University School of Medicine
Pamela Vohra-Khullar, MD, FACP; Emory University School of
Medicine

What the C-Suite Taught Me: Leadership Rules for the Early-
Career Internist

Garden

Faculty:

Christopher Jackson, MD, University of South Florida Health

Clinical Vignette Oral Presentation

Auditorium

Delayed Recognition of *Vibrio Vulnificus* Necrotizing Fasciitis

Presenter: Jasmine Sturn, Medical Student; University of South
Florida Morsani College of Medicine

Delayed-Onset Decompensated Cirrhosis and Portopulmonary
Hypertension Decades After Treated Schistosomiasis

Presenter: Anveet Janwadkar, MD; Tulane University School of
Medicine

A Race Against Copper: Wilson's Disease Presenting as Acute
Liver Failure in a Young Woman

Presenter: Ryan Harpenau, MD; University of Alabama at
Birmingham Health System

Beyond Myositis: Recognizing the Systemic Nature of
Antisynthetase Syndrome

Presenter: Cole Bourgeois, MD; LSU Health Shreveport

Innovation Oral Presentation

Pontchartrain

Evaluating a Primary Care-Based Alcohol Screening and
Treatment Program in a Central Texas Community Clinic

Presenter: Suneetha Naidu Mekal, MD, MSHI; The University of
Texas at Austin Dell Medical School

Publish or Perish? Harnessing AI for Academic Growth

Presenter: Luisa Paredes Acosta, MD; Wake Forest University
School of Medicine

Integrating Language, Culture, and Care: Jornada de Salud as
an Evolving Student-Led Model for Community Health and
Interprofessional Education

	<p>Presenter: Carson Chruscicki, MD; Emory University School of Medicine</p> <p>A Continuous Education: Teaching Residents to Integrate Continuous Glucose Monitoring in Clinical Care</p> <p>Presenter: Britt Marshall, MD; Emory University School of Medicine</p>	
9:15 – 9:25 am	<u>BREAK</u>	
9:25 – 10:25 am	<p><u>Updates in IM</u></p> <p>GLP-1 for Non-Obesity Indications Reema Dbouk, MD; Emory University School of Medicine Pamela Vohra-Khullar, MD; Emory University School of Medicine</p> <p>Women's Health Update Meagan Williams, MD; UT Health Austin</p>	Auditorium
10:25 – 10:30 am	<u>BREAK</u>	
10:30 – 11:30 am	<p><u>Concurrent Session B</u></p> <p>Carceral Conundrum: Breaking Through Confusion and Moral Distress Surrounding the Care of In-Custody Patients in the Hospital Through Novel Medical Education Initiatives Faculty: Karissa McCright, MD; Emory University School of Medicine Supriya Jain, BS; Emory University School of Medicine Vida Lugo, BA; Emory University School of Medicine</p> <p>Physician Advocacy and the Two-Minute Elevator Pitch: Get Ready to Meet with Leaders and Legislators Faculty: Celeste Newby, MD, PhD; Tulane University School of Medicine Tracy Henry, MD; Tulane University School of Medicine</p> <p><u>Oral Innovation Session B</u> Bridging the Gap: Measuring Trust Between Physicians and Unhoused Patients Presenter: Megan Minchak, MD; Medical University of South Carolina</p> <p>Clearing the Air: Streamlining NRT Prescribing with a Non-Interruptive EHR Alert Presenter: Emerson Buck, MD; Medical University of South Carolina</p> <p>Implementing a Food-is-Medicine Model: Integrating Produce Prescription and Nutrition Education for Patients with Type 2 Diabetes Presenter: Melody Bowen, MD; Emory University School of Medicine</p>	<p>Orleans</p> <p>Garden</p> <p>Auditorium</p>

	<p>Optimizing Antibiotic Stewardship: Implementing an Oral Amoxicillin Challenge to De-Label Penicillin Allergies at Morrell Internal Medicine Clinic Presenter: Sandra Madathilethu, MD; Lakeland Regional Health Medical Center</p> <p><u>Oral Clinical Vignette Session C</u> A Failing Heart and a Failing Liver: Advanced Heart Failure Presenting as Acute Liver Injury Presenter: Cecil Jnawali, MD; Medical University of South Carolina</p> <p>Neuronal Intranuclear Inclusion Disease: An Insidious Imitator Presenter: Daniel Kirk, MD; The University of Texas Southwestern Medical Center</p> <p>Reversible Cardiomyopathy from Unexpected Endocrine Drivers: A Growing Recognition in Clinical Practice Presenter: Elizabeth Roth, MD; Emory University School of Medicine</p> <p>Starvation, Stimulants, and Supplements: A Perfect Storm for Torsades de Pointes in a Young Adult Presenter: Dhruva Athreya, MD; The University of Texas at Austin Dell Medical School</p>	Pontchartrain
11:30 – 11:40 am	<u>BREAK</u>	
11:40 – 11:55 am	<u>National Update</u> (Please note: CME/MOC is unavailable for this session.) SGIM President	Auditorium
11:55 – 1:15 pm	<u>LUNCH & Roundtables</u> (Please note: CME/MOC is unavailable for Roundtables.) <p>Women in Medicine – Holly Pursley, MD, MSPH, FACP; Thomas Hospital Internal Medicine Residency Program</p> <p>DEI – Anupama Kapadia, MD; University of Texas at Austin Dell Medical School and TaRessa Wills, MD; Emory University School of Medicine</p> <p>Policy – Jennifer Caputo-Seidler, MD; University of South Florida College of Medicine and Toby Terwilliger, MD; Emory University School of Medicine</p> <p>Work/Life Balance – Lubna Khawaja, MD; Baylor College of Medicine and Jasmine Kency, MD; University of Mississippi School of Medicine</p>	Orleans Pontchartrain Marigny Bywater

	<p>QI – Robin Reister, MD; University of Texas at Austin Dell Medical School and Brittany Moore, MD; University of Texas at Austin Dell Medical School</p> <p>Medical Education – Brandon Altillo, MD, MPH; University of Texas at Austin Dell Medical School</p>	<p>Garden</p> <p>TBD</p>
1:15 – 2:15 pm	<p>DEI Keynote Jada C. Bussey-Jones, MD Emory University School of Medicine</p>	Auditorium
2:15 – 2:25 pm	BREAK	
2:25 – 3:25 pm	Associate Medical Jeopardy	Auditorium
3:25 – 3:30 pm	<u>BREAK</u>	
3:30 – 4:30 pm	<p><u>Bitesize Teaching Competition</u></p> <p>Breathing Treatments for the Internist Presenter: Morgan Gurel-Headley, MD, MPH; University of Alabama at Birmingham Health System</p> <p>The Road to Quality Improvement Presenter: Ashley Perry, MD; University of South Florida</p> <p>The Internist's Guide to Suicidality in the Medically Hospitalized Patient Presenter: Jordan Hildenbrand, MD; Emory University School of Medicine</p> <p>Diagnostic Schema of Urinary Incontinence Presenter: Joshua Mishkin, MD; Emory University School of Medicine</p>	Orleans
4:30 – 4:35 pm	BREAK	
4:35 – 5:35 pm	<p><u>Concurrent Session C</u></p> <p>Uncovering the Roots: Eugenics, Racism, and Antiracist Practice in Modern Medicine Faculty: Shaila Day, DO; Morehouse School of Medicine</p> <p>Paving the Path – Empowering Applicants to Find Their Why Faculty: Vida Lugo, BA; Emory University School of Medicine Chiagoziem Ohamadike, MD; Emory University School of Medicine Alexus Shaw, MD; Emory University School of Medicine Kensi Gray, MD; Emory University School of Medicine Cindy Emenalo, BS; Emory University School of Medicine Alysha Shaw, MD; Emory University School of Medicine Ifeyinwa Ogu, BA; Emory University School of Medicine</p>	<p>Orleans</p> <p>Marigny</p>

<u>Oral Scientific Abstracts Session C</u> Risk Factor Analysis of Long Length of Stay (LLOS) Hospitalized Patients at an Academic Medical Center Presenter: Jennifer Cowart, MD; Mayo Clinic Minnesota Association of Fragmented Primary Care and Adverse Drug Events in Older Adults Presenter: Kathleen Len, BS; Emory University School of Medicine Neighborhood Disadvantage and Cardiovascular Health in Adolescents in the United States Presenter: Olivia Veira, MPH; Emory University Psychiatry Resident Perspectives on HIV Prevention for People Living with Mental Illness Presenter: Shreya Mohandas, BA; Emory University		Pontchartrain
<u>Oral Clinical Vignette Unknowns</u> Presenter: Joel Cohen, MD; University of Alabama at Birmingham Health System Presenter: Huda Dagra, BS; University of South Florida Morsani College of Medicine		Auditorium
<u>Arts & Humanities</u> The Night Shift Presenter: Rachel Barlow, MD; Prisma Health Midlands Air to Spare Presenter: James Pollock, DO; Prisma Health Midlands Treat Me Like a Person Presenter: Daniel Cooper, MD; University of Alabama Birmingham The Uneven Compassion: Alcohol, Opioids, and the Faces of Withdrawal Presenter: Iyare Idiakhwa, MD; Thomas Hospital Unseen Seams Presenter: Jordan Hildenbrand, MD; Emory University School of Medicine		Garden
5:40 – 7:00 pm	<u>Poster Session 1</u> <i>May need to split the CVs by topic due to space limitations.</i> <i>See the meeting Mobile app for details.</i> <i>(Please note: CME/MOC is unavailable for this session.)</i>	Bywater Square
Saturday, February 28, 2026		

Time	Event
8:00 – 9:00 am	<u>Breakfast and Poster Session 2</u>
9:00 – 10:00 am	<p><u>Concurrent Session D</u></p> <p>Check Your Bias, Not Your BMI: Redefining the Conversation Around Weight Faculty: Reema Dbouk, MD; Emory University Chelsea Yost, MD; Emory University Pontchartrain</p> <p>Pico de EBM: Bite-Sized EBM Teaching at the Bedside Faculty: Christopher Jackson, MD; University of South Florida Health Mary Thomas, MD, MPH; University of South Florida Health Orleans</p> <p>Beyond Burnout: Confronting Moral Injury in Medicine Faculty: Toby Terwilliger, MD; Emory University School of Medicine Rajasree Roy, MD; Emory University School of Medicine Radhika Prabhakar, MD; Emory University School of Medicine Hridaya Shah, MD; Emory University School of Medicine Cassandra Craig, MSc; Emory University School of Medicine Marigany</p> <p><u>Oral Clinical Vignette Session D</u> A Rare Case of Disseminated Tuberculosis Mimicking Peritoneal Carcinomatosis Presenter: Darryn Vasquez, MD; Thomas Hospital Auditorium</p> <p>Semaglutide and Immune Modulation: A Case of Semaglutide-Induced New-Onset Lupus Causing Demyelinating Guillain-Barré Syndrome Presenter: Sahar Bhai, MD; Wellstar Kennestone Regional Medical Center</p> <p>Evolution of Disease: A New Diagnosis Arising from Chronic Bronchiectasis Presenter: Evan Conder, MD; University of Kentucky</p> <p>Vancomycin-Induced Fever in a Patient with a History of Orthopedic Surgery Complicated by Septic Arthritis Presenter: Seoung Kim, BA; University of South Florida Morsani College of Medicine</p> <p><u>Oral Scientific Abstracts Session D</u> An Innovative Curriculum on Caring for In-Custody Patients on the Wards Presenter: Karissa McCright, MD; Emory University School of Medicine Bywater</p>

	<p>Hepatotoxicity of Turmeric as a Popular Anti-Inflammatory Supplement: A Systematic Review Presenter: Omar Zuhdi, MD; Lakeland Regional Health Medical Center</p> <p>The Impact of Ambient Listening Technology on Patient Experience Presenter: Mary Stout, MD; Emory University School of Medicine</p> <p>Breaking the Barrier of Resistant Hypertension: A Systematic Review and Meta-Analysis of Lorundrostat, a Novel Aldosterone Synthase Inhibitor Presenter: Padideh Daneii, MD; Lakeland Regional Health Medical Center</p>	
10:00 – 10:10 am	<u>BREAK</u>	
10:15 – 11:15 am	<u>Advocacy Keynote</u> Kimberly Terrell, PhD; Center for Applied Environmental Science	Auditorium
11:15 – 12:00 pm	<u>Plenary Presentations</u> <p>The Association Between Food and Transportation Assistance and Medical Debt Presenter: Hridaya Shah, MD; Augusta University</p> <p>Inclusive Cervical Cancer Screening: Nurse-Led, Self-Administered Swab Model for Adults with Intellectual and Developmental Disabilities Presenter: Rafik Jacob, MD; University of Florida Health</p> <p>Neurosyphilis Presenting as CIDP-like Demyelinating Neuropathy in a Young Woman with Uncontrolled Diabetes Presenter: Ibraheem Hachem, MD; LSU Health Shreveport</p>	Auditorium
12:00 – 12:20 pm	<u>Awards/Closing Session</u>	Auditorium