



## 2026 SGIM Southern Regional Meeting

Conference Center on 11  
601 Poydras Street, 11<sup>th</sup> Floor  
New Orleans, LA 70130

Thursday, February 26, 2026		
Time	Event	Room
1:00 – 5:00 pm	<p><b>Pre-Course</b> (Additional fee Required) <b>Equity and Advocacy in Action</b> <i>Chair:</i> Tracey L. Henry, MD; Emory University School of Medicine <i>Co-Chairs:</i> Jennifer Cowart, MD; Mayo Clinic Toby Terwilliger, MD; Emory University School of Medicine</p> <p><b>Facilitators:</b> <b>Immigration</b> TBD <b>Disability</b> TBD <b>LGBTQI</b> TBD <b>Women's Health</b> Meagan Williams, MD; UT Health Austin <b>Anti-Racism</b> TBD</p>	Orleans

## Friday, February 27, 2026

Time	Event	Room
7:00 – 8:00 am	<b>Registration and Breakfast</b>	Lobby
8:00 – 8:10 am	<b>Welcome</b> Jennifer Cowart, MD; Southern Region President and Meeting Co-Chair Anupama Kapadia, MD; Southern Region Meeting Co-Chair	Auditorium
8:15 – 9:15 am	<b>Concurrent Session A</b>  Guidelines for (The Game of) LIFE: Caring for Adults with Down Syndrome	Orleans

**Faculty:**

Emily Bufkin, MD; The University of Texas SW Medical Center  
Carlie Stein, MD; The University of Texas SW Medical Center  
Kylie Cullinan, MD; The University of Texas SW Medical Center  
John Nichols, MD; The University of Texas SW Medical Center  
Ruchita Iyer, Medical Student; The University of Texas SW Medical Center

Applied AI for Internists: A Clinical Escape Room

Marigny

**Faculty:**

Kajal Patel, MD, MPh; Emory University School of Medicine  
Reema Dbouk, MD; Emory University School of Medicine  
Mary Solis, MD; Emory University School of Medicine  
Mary Stout, MD; Emory University School of Medicine  
Pamela Vohra-Khullar, MD, FACP; Emory University School of Medicine

What the C-Suite Taught Me: Leadership Rules for the Early-Career Internist

Garden

**Faculty:**

Christopher Jackson, MD, University of South Florida Health

**Clinical Vignette Oral Presentation**

Auditorium

Delayed Recognition of *Vibrio Vulnificus* Necrotizing Fasciitis

**Presenter:** Jasmine Sturn, MD; University of South Florida Morsani College of Medicine

Delayed-Onset Decompensated Cirrhosis and Portopulmonary Hypertension Decades After Treated Schistosomiasis

**Presenter:** Anveet Janwadkar, MD; Tulane University School of Medicine

A Race Against Copper: Wilson's Disease Presenting as Acute Liver Failure in a Young Woman

**Presenter:** Ryan Harpenau, MD; University of Alabama at Birmingham Health System

Beyond Myositis: Recognizing the Systemic Nature of Antisynthetase Syndrome

**Presenter:** Cole Bourgeois, MD; LSU Health Shreveport

**Innovation Oral Presentation**

Pontchartrain

Evaluating a Primary Care-Based Alcohol Screening and Treatment Program in a Central Texas Community Clinic

**Presenter:** Suneetha Naidu Mekal, MD, MSHI; The University of Texas at Austin Dell Medical School

Publish or Perish? Harnessing AI for Academic Growth

**Presenter:** Luisa Paredes Acosta, MD; Wake Forest University School of Medicine

Integrating Language, Culture, and Care: Jornada de Salud as an Evolving Student-Led Model for Community Health and Interprofessional Education

<p><b>Presenter:</b> Carson Chruscicki, MD; Emory University School of Medicine</p> <p>A Continuous Education: Teaching Residents to Integrate Continuous Glucose Monitoring in Clinical Care</p> <p><b>Presenter:</b> Britt Marshall, MD; Emory University School of Medicine</p>	
<b>9:15 – 9:25 am</b>	<b><u>BREAK</u></b>
<b>9:25 – 10:25 am</b>	<p><b><u>Updates in IM</u></b></p> <p><b>GLP-1 for Non-Obesity Indications</b></p> <p>Reema Dbouk, MD; Emory University School of Medicine Pamela Vohra-Khullar, MD; Emory University School of Medicine</p> <p><b>Women's Health Update</b></p> <p>Meagan Williams, MD; UT Health Austin</p>
<b>10:25 – 10:30 am</b>	<b><u>BREAK</u></b>
<b>10:30 – 11:30 am</b>	<p><b><u>Concurrent Session B</u></b></p> <p>Carceral Conundrum: Breaking Through Confusion and Moral Distress Surrounding the Care of In-Custody Patients in the Hospital Through Novel Medical Education Initiatives</p> <p><b>Faculty:</b> Karissa McCright, MD; Emory University School of Medicine Supriya Jain, BS; Emory University School of Medicine Vida Lugo, BA; Emory University School of Medicine</p> <p>Beyond Burnout: Confronting Moral Injury in Medicine</p> <p><b>Faculty:</b> Toby Terwilliger, MD; Emory University School of Medicine Rajasree Roy, MD; Emory University School of Medicine Radhika Prabhakar, MD; Emory University School of Medicine Hridaya Shah, MD; Emory University School of Medicine Cassandra Craig, MSc; Emory University School of Medicine</p> <p>Physician Advocacy and the Two-Minute Elevator Pitch: Get Ready to Meet with Leaders and Legislators</p> <p><b>Faculty:</b> Celeste Newby, MD, PhD; Tulane University School of Medicine Tracy Henry, MD; Tulane University School of Medicine</p> <p><b><u>Oral Innovation Session B</u></b></p> <p>Bridging the Gap: Measuring Trust Between Physicians and Unhoused Patients</p> <p><b>Presenter:</b> Megan Minchak, MD; Medical University of South Carolina</p> <p>Clearing the Air: Streamlining NRT Prescribing with a Non-Interruptive EHR Alert</p>

**Presenter:** Emerson Buck, MD; Medical University of South Carolina

Implementing a Food-is-Medicine Model: Integrating Produce Prescription and Nutrition Education for Patients with Type 2 Diabetes

**Presenter:** Melody Bowen, MD; Emory University School of Medicine

Optimizing Antibiotic Stewardship: Implementing an Oral Amoxicillin Challenge to De-Label Penicillin Allergies at Morrell Internal Medicine Clinic

**Presenter:** Sandra Madathilethu, MD; Lakeland Regional Health Medical Center

**Oral Clinical Vignette Session C**

Pontchartrain

A Failing Heart and a Failing Liver: Advanced Heart Failure Presenting as Acute Liver Injury

**Presenter:** Cecil Jnawali, MD; Medical University of South Carolina

Neuronal Intranuclear Inclusion Disease: An Insidious Imitator

**Presenter:** Daniel Kirk, MD; The University of Texas Southwestern Medical Center

Reversible Cardiomyopathy from Unexpected Endocrine Drivers: A Growing Recognition in Clinical Practice

**Presenter:** Elizabeth Roth, MD; Emory University School of Medicine

Starvation, Stimulants, and Supplements: A Perfect Storm for Torsades de Pointes in a Young Adult

**Presenter:** Dhruva Athreya, MD; The University of Texas at Austin Dell Medical School

11:30 – 11:40 am

**BREAK**

11:40 – 11:55 am

**National Update**

Auditorium

(Please note: CME/MOC is unavailable for this session.)  
SGIM President

11:55 – 1:15 pm

**LUNCH & Roundtables**

(Please note: CME/MOC is unavailable for Roundtables.)

Women in Medicine – Holly Pursley, MD, MSPH; Thomas Hospital Internal Medicine Clinic

Orleans

DEI – Anupama Kapadia, MD; University of Texas at Austin Dell Medical School and TaRessa Wills, MD; Emory University School of Medicine

Pontchartrain

	Policy – Jennifer Caputo-Seidler, MD; University of South Florida College of Medicine	Marigny
	Work/Life Balance – Lubna Khawaja, MD; Baylor College of Medicine	Bywater
	QI - TBD	Garden
	Medical Education – Brandon Altillo, MD, MPH; University of Texas at Austin Dell Medical School	TBD
<b>1:15 – 2:15 pm</b>	<b>DEI Keynote</b> Jada C. Bussey-Jones, MD Emory University School of Medicine	Auditorium
<b>2:15 – 2:25 pm</b>	<b>BREAK</b>	
<b>2:25 – 3:25 pm</b>	<b>Associate Medical Jeopardy</b>	Auditorium
<b>3:25 – 3:30 pm</b>	<b><u>BREAK</u></b>	
<b>3:30 – 4:30 pm</b>	<b><u>Bitesize Teaching Competition</u></b>  Breathing Treatments for the Internist <b>Presenter:</b> Morgan Gurel-Headley, MD, MPH; University of Alabama at Birmingham Health System  The Road to Quality Improvement <b>Presenter:</b> Ashley Perry, MD; University of South Florida  The Internist's Guide to Suicidality in the Medically Hospitalized Patient <b>Presenter:</b> Jordan Hildenbrand, MD; Emory University School of Medicine  Diagnostic Schema of Urinary Incontinence <b>Presenter:</b> Joshua Mishkin, MD; Emory University School of Medicine	Orleans
<b>4:30 – 4:35 pm</b>	<b>BREAK</b>	
<b>4:35 – 5:35 pm</b>	<b><u>Concurrent Session C</u></b>  Uncovering the Roots: Eugenics, Racism, and Antiracist Practice in Modern Medicine <b>Faculty:</b> Shaila Day, DO; Morehouse School of Medicine  Paving the Path – Empowering Applicants to Find Their Why <b>Faculty:</b> Vida Lugo, BA; Emory University School of Medicine Chiagoziem Ohamadike, MD; Emory University School of Medicine Alexus Shaw, MD; Emory University School of Medicine Kensi Gray, MD; Emory University School of Medicine	Orleans

Cindy Emenalo, BS; Emory University School of Medicine  
Alysha Shaw, MD; Emory University School of Medicine  
Ifeyinwa Ogu, BA; Emory University School of Medicine

**Oral Scientific Abstracts Session C**

Pontchartrain

Risk Factor Analysis of Long Length of Stay (LLOS) Hospitalized  
Patients at an Academic Medical Center

**Presenter:** Jennifer Cowart, MD; Mayo Clinic Minnesota

Association of Fragmented Primary Care and Adverse Drug  
Events in Older Adults

**Presenter:** Kathleen Len, BS; Emory University School of  
Medicine

Neighborhood Disadvantage and Cardiovascular Health in  
Adolescents in the United States

**Presenter:** Olivia Veira, MPH; Emory University

Psychiatry Resident Perspectives on HIV Prevention for People  
Living with Mental Illness

**Presenter:** Shreya Mohandas, BA; Emory University

**Oral Clinical Vignette Unknowns**

Auditorium

**Presenter:** Joel Cohen, MD; University of Alabama at  
Birmingham Health System

**Presenter:** Huda Dagra, BS; University of South Florida Morsani  
College of Medicine

**Arts & Humanities**

Garden

The Night Shift

**Presenter:** Rachel Barlow, MD; Prisma Health Midlands

Air to Spare

**Presenter:** James Pollock, DO; Prisma Health Midlands

Treat Me Like a Person

**Presenter:** Daniel Cooper, MD; University of Alabama  
Birmingham

The Uneven Compassion: Alcohol, Opioids, and the Faces of  
Withdrawal

**Presenter:** Iyare Idiakhoa, MD; Thomas Hospital

Unseen Seams

**Presenter:** Jordan Hildenbrand, MD; Emory University  
School of Medicine

5:40 – 7:00 pm

**Poster Session 1**

Bywater Square

*May need to split the CVs by topic due to space limitations.*

See the meeting Mobile app for details.  
(Please note: CME/MOC is unavailable for this session.)

## Saturday, February 28, 2026

Time	Event	
8:00 – 9:00 am	<u><b>Breakfast and Poster Session 2</b></u>	
9:00 – 10:00 am	<u><b>Concurrent Session D</b></u>	
	Check Your Bias, Not Your BMI: Redefining the Conversation Around Weight	Pontchartrain
	<b>Faculty:</b> Reema Dbouk, MD; Emory University Chelsea Yost, MD; Emory University	
	Pico de EBM: Bite-Sized EBM Teaching at the Bedside	Orleans
	<b>Faculty:</b> Christopher Jackson, MD; University of South Florida Health Mary Thomas, MD, MPH; University of South Florida Health	
	<u><b>Oral Clinical Vignette Session D</b></u>	Auditorium
	A Rare Case of Disseminated Tuberculosis Mimicking Peritoneal Carcinomatosis	
	<b>Presenter:</b> Darryn Vasquez, MD; Thomas Hospital	
	Semaglutide and Immune Modulation: A Case of Semaglutide-Induced New-Onset Lupus Causing Demyelinating Guillain-Barré Syndrome	
	<b>Presenter:</b> Sahar Bhai, MD; Wellstar Kennestone Regional Medical Center	
	Evolution of Disease: A New Diagnosis Arising from Chronic Bronchiectasis	
	<b>Presenter:</b> Evan Conder, MD; University of Kentucky	
	Vancomycin-Induced Fever in a Patient with a History of Orthopedic Surgery Complicated by Septic Arthritis	
	<b>Presenter:</b> Seoyoung Kim, BA; University of South Florida Morsani College of Medicine	
	<u><b>Oral Scientific Abstracts Session D</b></u>	Bywater
	An Innovative Curriculum on Caring for In-Custody Patients on the Wards	
	<b>Presenter:</b> Karissa McCright, MD; Emory University School of Medicine	
	Hepatotoxicity of Turmeric as a Popular Anti-Inflammatory Supplement: A Systematic Review	
	<b>Presenter:</b> Omar Zuhdi, MD; Lakeland Regional Health Medical Center	

<p>The Impact of Ambient Listening Technology on Patient Experience  <b>Presenter:</b> Mary Stout, MD; Emory University School of Medicine</p> <p>Breaking the Barrier of Resistant Hypertension: A Systematic Review and Meta-Analysis of Lorundrostat, a Novel Aldosterone Synthase Inhibitor  <b>Presenter:</b> Padideh Daneii, MD; Lakeland Regional Health Medical Center</p>		
10:00 – 10:10 am	<b><u>BREAK</u></b>	
10:15 – 11:15 am	<b><u>Advocacy Keynote</u></b> Kimberly Terrell, PhD; Center for Applied Environmental Science	Auditorium
11:15 – 12:00 pm	<b><u>Plenary Presentations</u></b>  The Association Between Food and Transportation Assistance and Medical Debt <b>Presenter:</b> Hridaya Shah, MD; Augusta University	Auditorium
	 Inclusive Cervical Cancer Screening: Nurse-Led, Self-Administered Swab Model for Adults with Intellectual and Developmental Disabilities <b>Presenter:</b> Rafik Jacob, MD; University of Florida Health	
	 Neurosyphilis Presenting as CIDP-like Demyelinating Neuropathy in a Young Woman with Uncontrolled Diabetes <b>Presenter:</b> Ibraheem Hachem, MD; LSU Health Shreveport	
12:00 – 12:20 pm	<b><u>Awards/Closing Session</u></b>	Auditorium