



## 2026 SGIM Southern Regional Meeting

Conference Center on 11  
601 Poydras Street, 11<sup>th</sup> Floor  
New Orleans, LA 70130

| Thursday, February 26, 2026 |  |         |
|-----------------------------|--|---------|
| Time                        | Event  | Room    |
| 1:00 – 5:00 pm              | <b><u>Pre-Course</u></b> ( <i>Additional fee Required</i> )<br><b>Equity and Advocacy in Action</b><br><b>Chair:</b> Tracey L. Henry, MD; Emory University School of Medicine<br><b>Co-Chairs:</b> Jennifer Cowart, MD; Mayo Clinic<br>Toby Terwilliger, MD; Emory University School of Medicine<br><br><b>Facilitators:</b><br><b>Immigration</b><br>TBD<br><b>Disability</b><br>TBD<br><b>LGBTQI</b><br>TBD<br><b>Women's Health</b><br>Meagan Williams, MD; UT Health Austin<br><b>Anti-Racism</b><br>TBD | Orleans |

| Friday, February 27, 2026 |   |            |
|---------------------------|---|------------|
| Time                      | Event   | Room       |
| 7:00 – 8:00 am            | <b><u>Registration and Breakfast</u></b>  | Lobby      |
| 8:00 – 8:10 am            | <b><u>Welcome</u></b><br>Jennifer Cowart, MD; Southern Region President and Meeting Co-Chair<br>Anupama Kapadia, MD; Southern Region Meeting Co-Chair | Auditorium |
| 8:15 – 9:15 am            | <b><u>Concurrent Session A</u></b><br><br>Guidelines for (The Game of) LIFE: Caring for Adults with Down Syndrome                                     | Orleans    |

As of January 23, 2026

**Faculty:**

Emily Bufkin, MD; The University of Texas SW Medical Center  
Carlie Stein, MD; The University of Texas SW Medical Center  
Kylie Cullinan, MD; The University of Texas SW Medical Center  
John Nichols, MD; The University of Texas SW Medical Center  
Ruchita Iyer, Medical Student; The University of Texas SW Medical Center

Applied AI for Internists: A Clinical Escape Room

Marigny

**Faculty:**

Kajal Patel, MD, MPH; Emory University School of Medicine  
Reema Dbouk, MD; Emory University School of Medicine  
Mary Solis, MD; Emory University School of Medicine  
Mary Stout, MD; Emory University School of Medicine  
Pamela Vohra-Khullar, MD, FACP; Emory University School of Medicine

What the C-Suite Taught Me: Leadership Rules for the Early-Career Internist

Garden

**Faculty:**

Christopher Jackson, MD, University of South Florida Health

**Clinical Vignette Oral Presentation**

Auditorium

Delayed Recognition of *Vibrio Vulnificus* Necrotizing Fasciitis

**Presenter:** Jasmine Sturn, MD; University of South Florida  
Morsani College of Medicine

Delayed-Onset Decompensated Cirrhosis and Portopulmonary Hypertension Decades After Treated Schistosomiasis

**Presenter:** Anveet Janwadkar, MD; Tulane University School of Medicine

A Race Against Copper: Wilson's Disease Presenting as Acute Liver Failure in a Young Woman

**Presenter:** Ryan Harpenau, MD; University of Alabama at Birmingham Health System

Beyond Myositis: Recognizing the Systemic Nature of Antisynthetase Syndrome

**Presenter:** Cole Bourgeois, MD; LSU Health Shreveport

**Innovation Oral Presentation**

Pontchartrain

Evaluating a Primary Care-Based Alcohol Screening and Treatment Program in a Central Texas Community Clinic

**Presenter:** Suneetha Naidu Mekal, MD, MSHI; The University of Texas at Austin Dell Medical School

Publish or Perish? Harnessing AI for Academic Growth

**Presenter:** Luisa Paredes Acosta, MD; Wake Forest University School of Medicine

Integrating Language, Culture, and Care: Jornada de Salud as an Evolving Student-Led Model for Community Health and Interprofessional Education

|                  |  |   |
|------------------|--|---|
|                  | <p><b>Presenter:</b> Carson Chruscicki, MD; Emory University School of Medicine</p> <p>A Continuous Education: Teaching Residents to Integrate Continuous Glucose Monitoring in Clinical Care</p> <p><b>Presenter:</b> Britt Marshall, MD; Emory University School of Medicine</p>   |   |
| 9:15 – 9:25 am   | <b><u>BREAK</u></b>  |   |
| 9:25 – 10:25 am  | <p><b><u>Updates in IM</u></b></p> <p><b>GLP-1 for Non-Obesity Indications</b><br/> Reema Dbouk, MD; Emory University School of Medicine<br/> Pamela Vohra-Khullar, MD; Emory University School of Medicine</p> <p><b>Women's Health Update</b><br/> Meagan Williams, MD; UT Health Austin</p>   | Auditorium  |
| 10:25 – 10:30 am | <b><u>BREAK</u></b>  |   |
| 10:30 – 11:30 am | <p><b><u>Concurrent Session B</u></b></p> <p>Carceral Conundrum: Breaking Through Confusion and Moral Distress Surrounding the Care of In-Custody Patients in the Hospital Through Novel Medical Education Initiatives<br/> <b>Faculty:</b><br/> Karissa McCright, MD; Emory University School of Medicine<br/> Supriya Jain, BS; Emory University School of Medicine<br/> Vida Lugo, BA; Emory University School of Medicine</p> <p>Beyond Burnout: Confronting Moral Injury in Medicine<br/> <b>Faculty:</b><br/> Toby Terwilliger, MD; Emory University School of Medicine<br/> Rajasree Roy, MD; Emory University School of Medicine<br/> Radhika Prabhakar, MD; Emory University School of Medicine<br/> Hridaya Shah, MD; Emory University School of Medicine<br/> Cassandra Craig, MSc; Emory University School of Medicine</p> <p>Physician Advocacy and the Two-Minute Elevator Pitch: Get Ready to Meet with Leaders and Legislators<br/> <b>Faculty:</b><br/> Celeste Newby, MD, PhD; Tulane University School of Medicine<br/> Tracy Henry, MD; Tulane University School of Medicine</p> <p><b><u>Oral Innovation Session B</u></b><br/> Bridging the Gap: Measuring Trust Between Physicians and Unhoused Patients<br/> <b>Presenter:</b> Megan Minchak, MD; Medical University of South Carolina</p> <p>Clearing the Air: Streamlining NRT Prescribing with a Non-Interruptive EHR Alert</p> | <p>Orleans</p> <p>Marigny</p> <p>Garden</p> <p>Auditorium</p> |

|                  |   |                                     |
|------------------|---|-------------------------------------|
|                  | <p><b>Presenter:</b> Emerson Buck, MD; Medical University of South Carolina</p> <p>Implementing a Food-is-Medicine Model: Integrating Produce Prescription and Nutrition Education for Patients with Type 2 Diabetes</p> <p><b>Presenter:</b> Melody Bowen, MD; Emory University School of Medicine</p> <p>Optimizing Antibiotic Stewardship: Implementing an Oral Amoxicillin Challenge to De-Label Penicillin Allergies at Morrell Internal Medicine Clinic</p> <p><b>Presenter:</b> Sandra Madathilethu, MD; Lakeland Regional Health Medical Center</p> <p><b>Oral Clinical Vignette Session C</b></p> <p>A Failing Heart and a Failing Liver: Advanced Heart Failure Presenting as Acute Liver Injury</p> <p><b>Presenter:</b> Cecil Jnawali, MD; Medical University of South Carolina</p> <p>Neuronal Intranuclear Inclusion Disease: An Insidious Imitator</p> <p><b>Presenter:</b> Daniel Kirk, MD; The University of Texas Southwestern Medical Center</p> <p>Reversible Cardiomyopathy from Unexpected Endocrine Drivers: A Growing Recognition in Clinical Practice</p> <p><b>Presenter:</b> Elizabeth Roth, MD; Emory University School of Medicine</p> <p>Starvation, Stimulants, and Supplements: A Perfect Storm for Torsades de Pointes in a Young Adult</p> <p><b>Presenter:</b> Dhruva Athreya, MD; The University of Texas at Austin Dell Medical School</p> | Pontchartrain                       |
| 11:30 – 11:40 am | <b><u>BREAK</u></b>   |                                     |
| 11:40 – 11:55 am | <p><b><u>National Update</u></b></p> <p><i>(Please note: CME/MOC is unavailable for this session.)</i></p> <p>SGIM President</p>  | Auditorium                          |
| 11:55 – 1:15 pm  | <p><b><u>LUNCH &amp; Roundtables</u></b></p> <p><i>(Please note: CME/MOC is unavailable for Roundtables.)</i></p> <p>Women in Medicine – Holly Pursley, MD, MSPH; Thomas Hospital Internal Medicine Clinic</p> <p>DEI – Anupama Kapadia, MD; University of Texas at Austin Dell Medical School and TaRessa Wills, MD; Emory University School of Medicine</p>   | <p>Orleans</p> <p>Pontchartrain</p> |

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|----------------|--|------------------------|
|                | Policy – Jennifer Caputo-Seidler, MD; University of South Florida College of Medicine  | Marigny                |
|                | Work/Life Balance – Lubna Khawaja, MD; Baylor College of Medicine  | Bywater                |
|                | QI - TBD   | Garden                 |
|                | Medical Education – Brandon Altillo, MD, MPH; University of Texas at Austin Dell Medical School  | TBD                    |
| 1:15 – 2:15 pm | <b>DEI Keynote</b><br>Jada C. Bussey-Jones, MD<br>Emory University School of Medicine  | Auditorium             |
| 2:15 – 2:25 pm | <b>BREAK</b>   |                        |
| 2:25 – 3:25 pm | <b>Associate Medical Jeopardy</b>  | Auditorium             |
| 3:25 – 3:30 pm | <b><u>BREAK</u></b>  |                        |
| 3:30 – 4:30 pm | <b><u>Bitesize Teaching Competition</u></b><br><br>Breathing Treatments for the Internist<br><b>Presenter:</b><br>Morgan Gurel-Headley, MD, MPH; University of Alabama at Birmingham Health System<br><br>The Road to Quality Improvement<br><b>Presenter:</b><br>Ashley Perry, MD; University of South Florida<br><br>The Internist's Guide to Suicidality in the Medically Hospitalized Patient<br><b>Presenter:</b><br>Jordan Hildenbrand, MD; Emory University School of Medicine<br><br>Diagnostic Schema of Urinary Incontinence<br><b>Presenter:</b><br>Joshua Mishkin, MD; Emory University School of Medicine | Orleans                |
| 4:30 – 4:35 pm | <b>BREAK</b>   |                        |
| 4:35 – 5:35 pm | <b><u>Concurrent Session C</u></b><br><br>Uncovering the Roots: Eugenics, Racism, and Antiracist Practice in Modern Medicine<br><b>Faculty:</b><br>Shaila Day, DO; Morehouse School of Medicine<br><br>Paving the Path – Empowering Applicants to Find Their Why<br><b>Faculty:</b><br>Vida Lugo, BA; Emory University School of Medicine<br>Chiagoziem Ohamadike, MD; Emory University School of Medicine<br>Alexus Shaw, MD; Emory University School of Medicine<br>Kensi Gray, MD; Emory University School of Medicine  | Orleans<br><br>Marigny |

Cindy Emenalo, BS; Emory University School of Medicine  
Alysha Shaw, MD; Emory University School of Medicine  
Ifeyinwa Ogu, BA; Emory University School of Medicine

**Oral Scientific Abstracts Session C**

Pontchartrain

Risk Factor Analysis of Long Length of Stay (LLOS) Hospitalized  
Patients at an Academic Medical Center

**Presenter:** Jennifer Cowart, MD; Mayo Clinic Minnesota

Association of Fragmented Primary Care and Adverse Drug  
Events in Older Adults

**Presenter:** Kathleen Len, BS; Emory University School of  
Medicine

Neighborhood Disadvantage and Cardiovascular Health in  
Adolescents in the United States

**Presenter:** Olivia Veira, MPH; Emory University

Psychiatry Resident Perspectives on HIV Prevention for People  
Living with Mental Illness

**Presenter:** Shreya Mohandas, BA; Emory University

**Oral Clinical Vignette Unknowns**

Auditorium

**Presenter:** Joel Cohen, MD; University of Alabama at  
Birmingham Health System

**Presenter:** Huda Dagra, BS; University of South Florida Morsani  
College of Medicine

**Arts & Humanities**

Garden

The Night Shift

**Presenter:** Rachel Barlow, MD; Prisma Health Midlands

Air to Spare

**Presenter:** James Pollock, DO; Prisma Health Midlands

Treat Me Like a Person

**Presenter:** Daniel Cooper, MD; University of Alabama  
Birmingham

The Uneven Compassion: Alcohol, Opioids, and the Faces of  
Withdrawal

**Presenter:** Iyare Idiakhwa, MD; Thomas Hospital

Unseen Seams

**Presenter:** Jordan Hildenbrand, MD; Emory University  
School of Medicine

5:40 – 7:00 pm

**Poster Session 1**

Bywater Square

*May need to split the CVs by topic due to space limitations.*

See the meeting Mobile app for details.  
(Please note: CME/MOC is unavailable for this session.)

## Saturday, February 28, 2026

| Time            | Event   |
|-----------------|---|
| 8:00 – 9:00 am  | <b><u>Breakfast and Poster Session 2</u></b>  |
| 9:00 – 10:00 am | <p><b><u>Concurrent Session D</u></b></p> <p>Check Your Bias, Not Your BMI: Redefining the Conversation Around Weight<br/><b>Faculty:</b><br/>Reema Dbouk, MD; Emory University<br/>Chelsea Yost, MD; Emory University<br/>Pontchartrain</p> <p>Pico de EBM: Bite-Sized EBM Teaching at the Bedside<br/><b>Faculty:</b><br/>Christopher Jackson, MD; University of South Florida Health<br/>Mary Thomas, MD, MPH; University of South Florida Health<br/>Orleans</p> <p><b><u>Oral Clinical Vignette Session D</u></b><br/>A Rare Case of Disseminated Tuberculosis Mimicking Peritoneal Carcinomatosis<br/><b>Presenter:</b> Darryn Vasquez, MD; Thomas Hospital<br/>Auditorium</p> <p>Semaglutide and Immune Modulation: A Case of Semaglutide-Induced New-Onset Lupus Causing Demyelinating Guillain-Barré Syndrome<br/><b>Presenter:</b> Sahar Bhai, MD; Wellstar Kennestone Regional Medical Center</p> <p>Evolution of Disease: A New Diagnosis Arising from Chronic Bronchiectasis<br/><b>Presenter:</b> Evan Conder, MD; University of Kentucky</p> <p>Vancomycin-Induced Fever in a Patient with a History of Orthopedic Surgery Complicated by Septic Arthritis<br/><b>Presenter:</b> Seoyoung Kim, BA; University of South Florida Morsani College of Medicine</p> <p><b><u>Oral Scientific Abstracts Session D</u></b><br/>An Innovative Curriculum on Caring for In-Custody Patients on the Wards<br/><b>Presenter:</b> Karissa McCright, MD; Emory University School of Medicine<br/>Bywater</p> <p>Hepatotoxicity of Turmeric as a Popular Anti-Inflammatory Supplement: A Systematic Review<br/><b>Presenter:</b> Omar Zuhdi, MD; Lakeland Regional Health Medical Center</p> |

|                  |   |            |
|------------------|---|------------|
|                  | <p>The Impact of Ambient Listening Technology on Patient Experience<br/> <b>Presenter:</b> Mary Stout, MD; Emory University School of Medicine</p> <p>Breaking the Barrier of Resistant Hypertension: A Systematic Review and Meta-Analysis of Lorundrostat, a Novel Aldosterone Synthase Inhibitor<br/> <b>Presenter:</b> Padideh Daneii, MD; Lakeland Regional Health Medical Center</p>  |            |
| 10:00 – 10:10 am | <b><u>BREAK</u></b>   |            |
| 10:15 – 11:15 am | <p><b><u>Advocacy Keynote</u></b><br/> Kimberly Terrell, PhD; Center for Applied Environmental Science</p>  | Auditorium |
| 11:15 – 12:00 pm | <p><b><u>Plenary Presentations</u></b></p> <p>The Association Between Food and Transportation Assistance and Medical Debt<br/> <b>Presenter:</b> Hridaya Shah, MD; Augusta University</p> <p>Inclusive Cervical Cancer Screening: Nurse-Led, Self-Administered Swab Model for Adults with Intellectual and Developmental Disabilities<br/> <b>Presenter:</b> Rafik Jacob, MD; University of Florida Health</p> <p>Neurosypilis Presenting as CIDP-like Demyelinating Neuropathy in a Young Woman with Uncontrolled Diabetes<br/> <b>Presenter:</b> Ibraheem Hachem, MD; LSU Health Shreveport</p> | Auditorium |
| 12:00 – 12:20 pm | <b><u>Awards/Closing Session</u></b>  | Auditorium |