



2026 SGIM Southwest Regional Meeting

Saturday, January 24, 2026

Meeting Theme:

From Clinics to Communities: Integrating Medicine and Advocacy

TIME	EVENT	LOCATION
7:15 am – 8:00 am	<u>Registration / Continental Breakfast</u>	Auditorium Lobby
8:00 am – 8:15 am	<u>Welcome</u> Bernice Ruo, MD; UCSD School of Medicine Southwest Regional President <u>Arts & Humanities Oral Presentations</u>	Auditorium (Room 1220)
8:15 am – 8:30 am	<u>Scientific Abstract Oral Presentation</u> Rethinking Withdrawal: Phenobarbital versus Benzodiazepines in Real-World Alcohol Withdrawal Care Presenter: Stefani Garcia, MD, The University of New Mexico	Auditorium (Room 1220)
8:30 – 8:45 am	<u>Innovation Oral Presentation</u> Cirrhosis Is Preventable! Improving Liver Disease Screening Access: A Primary Care–Based FibroScan Clinic at a Rural Indian Health Service (IHS) Site in New Mexico Presenter: Mia Lozada, MD, Gallup Indian Medical Center	Auditorium (Room 1220)
8:50 am – 9:50 am	<u>Update in GIM & Hospital Medicine</u> Jeff Kohlwes, MD, MPH; University of California, San Francisco Veteran Affairs Medical Center	Auditorium (Room 1220)
9:50 – 9:55	<u>Transition Break</u>	
9:55 am – 10:55 am	<u>Poster Session 1</u> See the meeting Mobile app for details.	Classroom Building – 3 rd Floor
10:55 am – 11:00 am	<u>Transition Break</u>	

AM Concurrent Workshops

11:00 am – 12:00 pm	Workshop 1A: Bridging the Cultural Divide via An Age-Friendly Escape Room Faculty: Silvia Tee, MD; Stanford Medicine Lindsey Haddock, MD; Stanford Medicine Julie Ngoc Thai, MD, MPH; Stanford Medicine Katherine Ward, MD; Stanford Medicine Vinita Shastri, MD; VA Palo Alto Health Care System Lawrence Ma, MD; VA Palo Alto Health Care System Emiley Chang, MD; Harbor-UCLA Medical Center Michi Yukawa, MD, MPH; University of California, San Francisco	Classroom Building (Room 3760)
11:00 am – 12:00 pm	Workshop 1B: Partnering with Patients: Effective Communication in the Age of Digital Health Information Overload Faculty: Kim Chiang, MD; Stanford University Akemi Laura Brown, MD, MS; Stanford University Kevin Chang, MD; Stanford University Kevin Lutley, MD; Stanford University Lisa Quach, MD; Stanford University	Classroom Building (Room 3710)
11:00 am – 12:00 pm	Workshop 1C: The Safety Blueprint: Designing and Improving Patient Safety Curriculum Faculty: Victoria Ramirez, DO; The University of Arizona Phoenix Alexandra Roach, MD; The University of Arizona Phoenix Alvin Gibson Wong, MD; The University of Arizona Phoenix	Classroom Building (Room 3706)
11:00 am – 12:00 pm	Workshop 1D: Beyond the Performative: How to be an Effective Indigenous Ally Faculty: Mina Felice Tanaka, MD; Northern Navajo Medical Center Ida C. Bradley, BSN; Northern Navajo Medical Center	Classroom Building (Room 3740)
12:00 pm – 12:55 pm	Lunch Relax and refresh while enjoying lunch!	Classroom Building 3 rd Floor
12:30 pm – 12:55 pm	Speed Mentor/Mentee Networking Participants will rotate through brief, focused conversations fostering meaningful connections and gaining practical insights, career guidance, and support.	Classroom Building (Room 3760)
1:00 pm – 1:15 pm	<u>National Update</u> Eric Bass, MD; SGIM Chief Executive Officer Carlos Estrada, MD; SGIM President	Auditorium (Room 1220)
1:15 pm – 1:30 pm	<u>Clinical Vignette Oral Presentation</u> Weakness and Elevated Creatine Kinase: A Case Report of Necrotizing Myositis Presenter: Danielle Edrea Vigil, BS, Patrick Rendón, MD; The University of New Mexico	Auditorium (Room 1220)

1:30 pm – 2:15 pm	<u>Keynote – Climate Change and Health: A New Mexico Experience of Hope</u> Dr. Paul Charlton, MD, MA; Gallup Indian Medical Center	Auditorium (Room 1220)
2:15 pm – 2:25 pm	<u>Transition Break</u>	
	<u>PM Concurrent Workshops</u>	
2:25 pm – 3:25 pm	Workshop 2A: Periop Essentials: Mastering the Basics Faculty: Saloni Maharaj, MD; Stanford Medicine Sarita Khemani, MD; Stanford Medicine Jessica Tran, MD; Stanford Medicine Ruth Abeles, MD, MS, FACP; University of California San Diego Bernice Ruo, MD; University of California San Diego Laura Eger, MD; University of California San Diego Tanner Slayden, MD; University of California San Diego	Classroom Building (Room 3710)
2:25 pm – 3:25 pm	Workshop 2B: POCUS In Practice: Empowering Outpatient Care in Internal Medicine Faculty: Jeremy Snyder, MD; University of New Mexico Samuel Clarin, MD; University of New Mexico Alexandra Millhuff, DO; University of New Mexico Molly Lukes, MD; University of New Mexico	Classroom Building (Room 3760)
2:25 pm – 3:25 pm	Workshop 2C: From Hospitals to Communities: Designing Community Academic Partnerships in General Internal Medicine to Improve Transitions and Enhance Health Equity Faculty: Christine Santiago, MD, MPH; Stanford Medicine Alexandria Blacker, PhD, MPH; Stanford Medicine	Classroom Building (Room 3740)
2:25 pm – 3:25 pm	Teaching Competition When Less Is More: A Practical Approach to Deprescribing Presenter: Julia Goupil, MD, University of California Davis Health Bridging the Night and Day: Presenting Overnight Admissions on Morning Rounds Presenter: Niel Patel, MD; University of California San Diego Simplifying the EKG: From Vectors to Wearables! Presenter: Malik Alqawasmi, MD; The University of New Mexico Cirrhosis and Its Sequelae Presenter: Farah Abdulkadir Issa, MBBCh; Dignity Health St. Rose Dominican	Auditorium (Room 1220)
3:30 – 4:30 pm	<u>Poster Session 2</u> <i>See the meeting Mobile app for details.</i>	Classroom Building – 3 rd Floor
4:35 pm – 5:05 pm	<u>Open Forum – Listening Session</u>	Classroom Building (Room 3760)

5:10 pm – 5:30 pm

Closing Remarks & Awards Presentations

Auditorium
(Room 1220)
