



**SOUTHWEST REGION**



## 2026 SGIM Southwest Regional Meeting

Saturday, January 24, 2026

*Meeting Theme:*

From Clinics to Communities: Integrating Medicine and Advocacy

TIME	EVENT	LOCATION
7:15 am – 8:00 am	<u>Registration / Continental Breakfast</u>	Auditorium Lobby
8:00 am – 8:15 am	<b>Welcome</b> Bernice Ruo, MD; UCSD School of Medicine Southwest Regional President  <u>Arts &amp; Humanities Oral Presentations</u>	Auditorium (Room 1220)
8:15 am – 8:30 am	<b>Scientific Abstract Oral Presentation</b> Rethinking Withdrawal: Phenobarbital versus Benzodiazepines in Real-World Alcohol Withdrawal Care <b>Presenter:</b> Stefani Garcia, MD, The University of New Mexico	Auditorium (Room 1220)
8:30 – 8:45 am	<b>Innovation Oral Presentation</b> Cirrhosis Is Preventable! Improving Liver Disease Screening Access: A Primary Care-Based FibroScan Clinic at a Rural Indian Health Service (IHS) Site in New Mexico <b>Presenter:</b> Mia Lozada, MD, Gallup Indian Medical Center	Auditorium (Room 1220)
8:50 am – 9:50 am	<b>Update in GIM &amp; Hospital Medicine</b> Jeff Kohlwes, MD, MPH; University of California, San Francisco Veteran Affairs Medical Center	Auditorium (Room 1220)
9:50 – 9:55	<u>Transition Break</u>	
9:55 am – 10:55 am	<b>Poster Session 1</b> See the meeting Mobile app for details.	Classroom Building – 3 <sup>rd</sup> Floor
10:55 am – 11:00 am	<u>Transition Break</u>	

As of January 15, 2026

## AM Concurrent Workshops

11:00 am – 12:00 pm	<b>Workshop 1A: Bridging the Cultural Divide via An Age-Friendly Escape Room</b> <b>Faculty:</b> Silvia Tee, MD; Stanford Medicine Lindsey Haddock, MD; Stanford Medicine Julie Ngoc Thai, MD, MPH; Stanford Medicine Katherine Ward, MD; Stanford Medicine Vinita Shastri, MD; VA Palo Alto Health Care System Lawrence Ma, MD; VA Palo Alto Health Care System Emiley Chang, MD; Harbor-UCLA Medical Center Michi Yukawa, MD, MPH; University of California, San Francisco	Classroom Building (Room 3760)
11:00 am – 12:00 pm	<b>Workshop 1B: Partnering with Patients: Effective Communication in the Age of Digital Health Information Overload</b> <b>Faculty:</b> Kim Chiang, MD; Stanford University Akemi Laura Brown, MD, MS; Stanford University Kevin Chang, MD; Stanford University Kevin Lutley, MD; Stanford University Lisa Quach, MD; Stanford University	Classroom Building (Room 3710)
11:00 am – 12:00 pm	<b>Workshop 1C: The Safety Blueprint: Designing and Improving Patient Safety Curriculum</b> <b>Faculty:</b> Victoria Ramirez, DO; The University of Arizona Phoenix Alexandra Roach, MD; The University of Arizona Phoenix Alvin Gibson Wong, MD; The University of Arizona Phoenix	Classroom Building (Room 3706)
11:00 am – 12:00 pm	<b>Workshop 1D: Beyond the Performative: How to be an Effective Indigenous Ally</b> <b>Faculty:</b> Mina Felice Tanaka, MD; Northern Navajo Medical Center Ida C. Bradley, BSN; Northern Navajo Medical Center	Classroom Building (Room 3740)

12:00 pm – 12:55 pm	<b>Lunch</b> Relax and refresh while enjoying lunch!	Classroom Building 3rd Floor
12:30 pm – 12:55 pm	<b>Speed Mentor/Mentee Networking</b> Participants will rotate through brief, focused conversations fostering meaningful connections and gaining practical insights, career guidance, and support.	Classroom Building (Room 3760)
1:00 pm – 1:15 pm	<b>National Update</b> Eric Bass, MD; SGIM Chief Executive Officer Carlos Estrada, MD; SGIM President	Auditorium (Room 1220)
1:15 pm – 1:30 pm	<b>Clinical Vignette Oral Presentation</b> Weakness and Elevated Creatine Kinase: A Case Report of Necrotizing Myositis <b>Presenter:</b> Danielle Edrea Vigil, BS, Patrick Rendón, MD; The University of New Mexico	Auditorium (Room 1220)

1:30 pm – 2:15 pm	<b><u>Keynote – Climate Change and Health: A New Mexico Experience of Hope</u></b> Dr. Paul Charlton, MD, MA; Gallup Indian Medical Center	Auditorium (Room 1220)
2:15 pm – 2:25 pm	<b><u>Transition Break</u></b>	
<b><u>PM Concurrent Workshops</u></b>		
2:25 pm – 3:25 pm	<b>Workshop 2A: Periop Essentials: Mastering the Basics</b> <b>Faculty:</b> Saloni Maharaj, MD; Stanford Medicine Sarita Khemani, MD; Stanford Medicine Jessica Tran, MD; Stanford Medicine Ruth Abeles, MD, MS, FACP; University of California San Diego Bernice Ruo, MD; University of California San Diego Laura Eger, MD; University of California San Diego Tanner Slayden, MD; University of California San Diego	Classroom Building (Room 3710)
2:25 pm – 3:25 pm	<b>Workshop 2B: POCUS In Practice: Empowering Outpatient Care in Internal Medicine</b> <b>Faculty:</b> Jeremy Snyder, MD; University of New Mexico Samuel Clarin, MD; University of New Mexico Alexandra Millhuff, DO; University of New Mexico Molly Lukes, MD; University of New Mexico	Classroom Building (Room 3760)
2:25 pm – 3:25 pm	<b>Workshop 2C: From Hospitals to Communities: Designing Community Academic Partnerships in General Internal Medicine to Improve Transitions and Enhance Health Equity</b> <b>Faculty:</b> Christine Santiago, MD, MPH; Stanford Medicine Alexandria Blacker, PhD, MPH; Stanford Medicine	Classroom Building (Room 3740)
2:25 pm – 3:25 pm	<b>Teaching Competition</b>  When Less Is More: A Practical Approach to Deprescribing <b>Presenter:</b> Julia Goupil, MD, University of California Davis Health  Bridging the Night and Day: Presenting Overnight Admissions on Morning Rounds <b>Presenter:</b> Niel Patel, MD; University of California San Diego  Simplifying the EKG: From Vectors to Wearables! <b>Presenter:</b> Malik Alqawasmi, MD; The University of New Mexico  Cirrhosis and Its Sequelae <b>Presenter:</b> Farah Abdulkadir Issa, MBBCh; Dignity Health St. Rose Dominican	Auditorium (Room 1220)
3:30 – 4:30 pm	<b><u>Poster Session 2</u></b> See the meeting Mobile app for details.	Classroom Building – 3 <sup>rd</sup> Floor
4:35 pm – 5:05 pm	<b><u>Open Forum – Listening Session</u></b>	Classroom Building (Room 3760)

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5:10 pm – 5:30 pm

**Closing Remarks & Awards Presentations**

Auditorium  
(Room 1220)

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