



**University Guest House and Conference Center, The University of Utah
Salt Lake City, Utah**
110 Fort Douglas Blvd, Salt Lake City, UT 84113

February 13, 2026

Theme: Adapting to Change: Navigating the Evolving Landscape of General Medicine

Time	Event	Room
7:00 – 7:55 am	<u>Breakfast and Registration</u>	Conference Lobby
7:55 – 8:00 am	<u>Welcome Remarks</u> Taryn Young, MD; Northwest Regional President	Douglas Ballroom
8:00 – 8:45 am	<u>Keynote Session</u> Harris Carmichael, MD, MSHP, FACP, FHM; Intermountain Health, University of Utah	Douglas Ballroom
8:45 – 8:50 am	TRANSITION BREAK	
8:50 – 9:35 am	<u>Concurrent Clinical Updates</u> Inpatient Updates Presenters: Vince Raikhel, MD; University of Washington Trenton Fuller, MD; University of Utah Hospital	Alpine
	<u>Outpatient Updates</u> Presenters: Max Rusek, MD, MPH; VA Portland Health Care System Rachel Kroencke, MD; University of Utah	Bonneville
9:35 – 9:40 am	TRANSITION BREAK	
9:40 – 10:40 am	<u>AM Concurrent Workshops</u> Workshop 1A: Applying Learning Theory to Supercharge Your Teaching in the Clinical Environment Faculty: Vincent Raikhel, MD; University of Washington Laura Z Liao, MD; University of Washington	Douglas Ballroom

	John Clinton Olivas, MD; University of Washington	
	Workshop 1B: Beyond the Speculum: The New Era of HPV Screening	Alpine
	Faculty: Alekses Clifton, MD; University of Utah Health Vidya Gopinath, MD; University of Utah Health Rachel Davis Kroencke, MD; University of Utah Health	
	Workshop 1C: Open Notes: Best Practices in Patient-Centered Language	Bonneville
	Faculty: Sara L. Jackson, MD; University of Washington Jessica Bender, MD; University of Washington Margaret Isaac, MD; University of Washington Kim O'Connor, MD; University of Washington	
	Workshop 1D: Addressing Patients' Experiences of Bias with a Restorative Lens	City Creek
	Faculty: Scott Saunders, MD; University of Colorado Katie Raffel, MD; University of Colorado Archna Eniasivam, MD; University of California	
10:40 – 10:45 am	TRANSITION BREAK	
10:45 – 11:30 am	Poster Session #1 <i>View the mobile meeting app for details</i>	Granite Ballroom
	Arts & Humanities Presentations Much-Awaited Winter Presenter: Jyoti Bhattarai, DO; Parkview Health System	Alpine
	Anaphylaxis Presenter: Zach Nolan Herron, MD; Washington State University	
	First Snow Presenter: Benjamin Drum, MD, PhD; University of Utah	
11:30 am – 12:30 pm	Lunch & SGIM National Updates	Douglas Ballroom
	11:30 – 11:45 am National Update Carlos A. Estrada, MD; SGIM President Mark Schwartz, MD; SGIM President-Elect	
	11:45 am – 12:30 pm Networking Tables	
12:30 – 1:30 pm	Bite-Sized Teaching Competition Management of Inpatient Atrial Fibrillation Presenter: Katherine Miotke, DO; Washington State University	Douglas Ballroom
	The "Rule of Fives" for Acute Alcohol Withdrawal Management	

<p>Presenter: Angela Mang, MD, MPh; University of Washington</p> <p>Facilitating Successful Inpatient Discharge: An Organizational Framework Presenter: Nicole Boyd, MD; University of Washington</p> <p>Delirium and Agitation: Practicing Restraint Presenter: Adam Panzer, MD; Washington State University</p>		
1:30 – 1:35 pm	TRANSITION BREAK	
1:35 – 2:20 pm	<p>Poster Session #2 <i>View the mobile meeting app for details</i></p>	Granite Ballroom
2:20 – 2:50 pm	BREAK and Mentorship Meetings	
2:50 – 3:50 pm	<p>Concurrent Workshops</p> <p>Workshop 2A: Evidence-Based Menopause Practice: Common Scenarios in Primary Care</p> <p>Faculty: Toni Brassfield, DO; University of Washington Nikki N Zarling, MD; University of Colorado Joana Lima Ferreira, MD; University of Washington Nina Tan, MD; University of Washington</p> <p>Workshop 2B: Time Tracking for Joy: Strategies for Women in Medicine</p> <p>Faculty: Rachel Davis Kroencke, MD; University of Utah Health Allie Coy, MD; University of Utah Health Vidya Gopinath, MD; University of Utah Health Alekses Clifton, MD; University of Utah Health Elizabeth McDonald, MD; University of Utah Health</p> <p>Workshop 2C: Redesigning Ambulatory Internal Medicine Training: Building a Vision for Undergraduate Medical Education</p> <p>Faculty: Amy Kwon, MD; Oregon Health & Science University Kaleb Keyserling, MD; Portland VA Medical Center Madeline Marie Foley, MD; University of Utah Health Sarah Eyberg, MD; University of Utah Health</p> <p>Workshop 2D: Dementia in Primary Care: A Practical Approach to Evaluation and Management</p> <p>Faculty: Barak Gaster, MD; University of Washington Kim O'Connor, MD; University of Washington</p>	Alpine Bonneville Douglas Ballroom City Creek
3:50 – 4:00 pm	TRANSITION BREAK	
4:00 – 4:45 pm	Oral Presentations	Douglas Ballroom

Impact of Explanatory Communication on Magnetic Resonance Imaging Preferences and Perceptions of Clinicians in the Context of Low Back Pain

Presenter: Farrah Madanay, PhD; Cleveland Clinic

Connected Care for Older Adults: A Pilot Intervention Engaging Community Health Workers to Advance Age-Friendly Care in Rural Oregon

Presenter: Elizabeth Eckstrom, MD, MPH; Oregon Health & Science University

An Unexpected Case of Hypoglycemia in a Post-Bariatric Patient

Presenter: Mahnam Khizer, MBBS; Parkview Health System

4:45 – 5:00 pm

Closing Session & Award Presentations

Douglas Ballroom