



**University Guest House and Conference Center, The University of Utah  
Salt Lake City, Utah**

110 Fort Douglas Blvd, Salt Lake City, UT 84113

February 13, 2026

*Theme: Adapting to Change: Navigating the Evolving Landscape of General Medicine*

Time	Event	Room
7:00 – 7:55 am	<b><u>Breakfast and Registration</u></b>	Conference Lobby
7:55 – 8:00 am	<b><u>Welcome Remarks</u></b> Taryn Young, MD; Northwest Regional President	Douglas Ballroom
8:00 – 8:45 am	<b><u>Keynote Session</u></b> Harris Carmichael, MD, MSHP, FACP, FHM; Intermountain Health, University of Utah	Douglas Ballroom
8:45 – 8:50 am	<b>TRANSITION BREAK</b>	
8:50 – 9:35 am	<b><u>Concurrent Clinical Updates</u></b> <b>Inpatient Updates</b> <b>Presenters:</b> Vince Raikhel, MD; University of Washington Trenton Fuller, MD; University of Utah Hospital	Alpine
	<b>Outpatient Updates</b> <b>Presenters:</b> Max Rusek, MD, MPH; VA Portland Health Care System Rachel Kroencke, MD; University of Utah	Bonneville
9:35 – 9:40 am	<b>TRANSITION BREAK</b>	
9:40 – 10:40 am	<b><u>AM Concurrent Workshops</u></b>  <b>Workshop 1A: Applying Learning Theory to Supercharge Your Teaching in the Clinical Environment</b> <b>Faculty:</b> Vincent Raikhel, MD; University of Washington Laura Z Liao, MD; University of Washington	Douglas Ballroom

*As of January 22, 2026*

	<p>John Clinton Olivas, MD; University of Washington</p> <p><b>Workshop 1B: Beyond the Speculum: The New Era of HPV Screening</b>  <b>Faculty:</b>  Alekses Clifton, MD; University of Utah Health  Vidya Gopinath, MD; University of Utah Health  Rachel Davis Kroencke, MD; University of Utah Health</p> <p><b>Workshop 1C: Open Notes: Best Practices in Patient-Centered Language</b>  <b>Faculty:</b>  Sara L. Jackson, MD; University of Washington  Jessica Bender, MD; University of Washington  Margaret Isaac, MD; University of Washington  Kim O'Connor, MD; University of Washington</p> <p><b>Workshop 1D: Addressing Patients' Experiences of Bias with a Restorative Lens</b>  <b>Faculty:</b>  Scott Saunders, MD; University of Colorado  Katie Raffel, MD; University of Colorado  Archana Eniasivam, MD; University of California</p>	<p>Alpine</p> <p>Bonneville</p> <p>City Creek</p>
10:40 – 10:45 am	<b>TRANSITION BREAK</b>	
10:45 – 11:30 am	<p><b><u>Poster Session #1</u></b>  <i>View the mobile meeting app for details</i></p> <p><b><u>Arts &amp; Humanities Presentations</u></b>  <b>Much-Awaited Winter</b>  <b>Presenter:</b> Jyoti Bhattarai, DO; Parkview Health System</p> <p><b>Anaphylaxis</b>  <b>Presenter:</b> Zach Nolan Herron, MD; Washington State University</p> <p><b>First Snow</b>  <b>Presenter:</b> Benjamin Drum, MD, PhD; University of Utah</p>	<p>Granite Ballroom</p> <p>Alpine</p>
11:30 am – 12:30 pm	<p><b><u>Lunch &amp; SGIM National Updates</u></b></p> <p>11:30 – 11:45 am  <b>National Update</b>  Carlos A. Estrada, MD; SGIM President  Mark Schwartz, MD; SGIM President-Elect</p> <p>11:45 am– 12:30 pm  <b>Networking Tables</b></p>	Douglas Ballroom
12:30 – 1:30 pm	<p><b><u>Bite-Sized Teaching Competition</u></b>  Management of Inpatient Atrial Fibrillation  <b>Presenter:</b> Katherine Miotke, DO; Washington State University</p> <p>The “Rule of Fives” for Acute Alcohol Withdrawal Management</p>	Douglas Ballroom

	<p><b>Presenter:</b> Angela Mang, MD, MPh; University of Washington</p> <p>Facilitating Successful Inpatient Discharge: An Organizational Framework</p> <p><b>Presenter:</b> Nicole Boyd, MD; University of Washington</p> <p>Delirium and Agitation: Practicing Restraint</p> <p><b>Presenter:</b> Adam Panzer, MD; Washington State University</p>	
1:30 – 1:35 pm	<b>TRANSITION BREAK</b>	
1:35 – 2:20 pm	<p><b>Poster Session #2</b></p> <p><i>View the mobile meeting app for details</i></p>	<b>Granite Ballroom</b>
2:20 – 2:50 pm	<b>BREAK and Mentorship Meetings</b>	
2:50 – 3:50 pm	<p><b><u>Concurrent Workshops</u></b></p> <p><b>Workshop 2A: Evidence-Based Menopause Practice: Common Scenarios in Primary Care</b> <b>Alpine</b></p> <p><b>Faculty:</b>  Toni Brassfield, DO; University of Washington  Nikki N Zarling, MD; University of Colorado  Joana Lima Ferreira, MD; University of Washington  Nina Tan, MD; University of Washington</p> <p><b>Workshop 2B: Time Tracking for Joy: Strategies for Women in Medicine</b> <b>Bonneville</b></p> <p><b>Faculty:</b>  Rachel Davis Kroencke, MD; University of Utah Health  Allie Coy, MD; University of Utah Health  Vidya Gopinath, MD; University of Utah Health  Alekses Clifton, MD; University of Utah Health  Elizabeth McDonald, MD; University of Utah Health</p> <p><b>Workshop 2C: Redesigning Ambulatory Internal Medicine Training: Building a Vision for Undergraduate Medical Education</b> <b>Douglas Ballroom</b></p> <p><b>Faculty:</b>  Amy Kwon, MD; Oregon Health &amp; Science University  Kaleb Keyserling, MD; Portland VA Medical Center  Madeline Marie Foley, MD; University of Utah Health  Sarah Eyberg, MD; University of Utah Health</p> <p><b>Workshop 2D: Dementia in Primary Care: A Practical Approach to Evaluation and Management</b> <b>City Creek</b></p> <p><b>Faculty:</b>  Barak Gaster, MD; University of Washington  Kim O'Connor, MD; University of Washington</p>	
3:50 – 4:00 pm	<b>TRANSITION BREAK</b>	
4:00 – 4:45 pm	<b><u>Oral Presentations</u></b>	<b>Douglas Ballroom</b>

Impact of Explanatory Communication on Magnetic Resonance Imaging Preferences and Perceptions of Clinicians in the Context of Low Back Pain

**Presenter:** Farrah Madanay, PhD; Cleveland Clinic

Connected Care for Older Adults: A Pilot Intervention Engaging Community Health Workers to Advance Age-Friendly Care in Rural Oregon

**Presenter:** Elizabeth Eckstrom, MD, MPH; Oregon Health & Science University

An Unexpected Case of Hypoglycemia in a Post-Bariatric Patient

**Presenter:** Mahnam Khizer, MBBS; Parkview Health System

4:45 – 5:00 pm

Closing Session & Award Presentations

Douglas Ballroom