



University Guest House and Conference Center, The University of Utah Salt Lake City, Utah

February 13, 2026

Theme: Adapting to Change: Navigating the Evolving Landscape of General Medicine

Time	Event	Room
7:00 – 7:55 am	<u>Breakfast and Registration</u>	
7:55 – 8:00 am	<u>Welcome Remarks</u> Taryn Young, MD; Northwest Regional President	
8:00 – 8:45 am	<u>Keynote Session</u> Michael Carmichael, MD, MSHP, FACP, FHM; Intermountain Health, University of Utah	
8:45 – 8:50 am	TRANSITION BREAK	
8:50 – 9:35 am	<u>Concurrent Clinical Updates</u> Inpatient Updates Presenters: Vince Raikhel, MD; University of Washington Trenton Fuller, MD; University of Utah Hospital Outpatient Updates Presenters: Max Rusek, MD, MPH; VA Portland Health Care System Rachel Kroencke, MD; University of Utah	
9:35 – 9:40 am	TRANSITION BREAK	
9:40 – 10:40 am	<u>AM Concurrent Workshops</u> Workshop 1A: Applying Learning Theory to Supercharge Your Teaching in the Clinical Environment Faculty: Vincent Raikhel, MD; University of Washington Laura Z Liao, MD; University of Washington John Clinton Olivas, MD; University of Washington	

Workshop 1B: Beyond the Speculum: The New Era of HPV**Screening****Faculty:**

Alekses Clifton, MD; University of Utah Health
Vidya Gopinath, MD; University of Utah Health
Rachel Davis Kroencke, MD; University of Utah Health

Workshop 1C: Open Notes: Best Practices in Patient-Centered**Language****Faculty:**

Sara L. Jackson, MD; University of Washington
Jessica Bender, MD; University of Washington
Margaret Isaac, MD; University of Washington
Kim O'Connor, MD; University of Washington

Workshop 1D: Addressing Patients' Experiences of Bias with a**Restorative Lens****Faculty:**

Scott Saunders, MD; University of Colorado
Katie Raffel, MD; University of Colorado
Archna Eniasivam, MD; University of California

10:40 – 10:45 am**TRANSITION BREAK****10:45 – 11:30 am****Poster Session #1**

View the mobile meeting app for details

Arts & Humanities Presentations**Much-Awaited Winter**

Presenter: Jyoti Bhattarai, DO; Parkview Health System

Anaphylaxis

Presenter: Zach Nolan Herron, MD; Washington State University

First Snow

Presenter: Benjamin Drum, MD, PhD; University of Utah

11:30 am – 12:30 pm**Lunch & SGIM National Updates****11:30 – 11:45 am****National Update**

Carlos A. Estrada, MD; SGIM President
Mark Schwartz, MD; SGIM President-Elect

11:45 am – 12:30 pm**Networking Tables****12:30 – 1:30 pm****Bite-Sized Teaching Competition**

Management of Inpatient Atrial Fibrillation

Presenter: Katherine Miotke, DO; Washington State University

The “Rule of Fives” for Acute Alcohol Withdrawal Management

Presenter: Angela Mang, MD, MPH; University of Washington

	<p>Facilitating Successful Inpatient Discharge: An Organizational Framework Presenter: Nicole Boyd, MD; University of Washington</p> <p>Delirium and Agitation: Practicing Restraint Presenter: Adam Panzer, MD; Washington State University</p>
1:30 – 1:35 pm	TRANSITION BREAK
1:35 – 2:20 pm	<p>Poster Session #2 <i>View the mobile meeting app for details</i></p>
2:20 – 2:50 pm	BREAK and Mentorship Meetings
2:50 – 3:50 pm	<p><u>Concurrent Workshops</u></p> <p>Workshop 2A: Evidence-Based Menopause Practice: Common Scenarios in Primary Care Faculty: Toni Brassfield, DO; University of Washington Nikki N Zarling, MD; University of Colorado Joana Lima Ferreira, MD; University of Washington Nina Tan, MD; University of Washington</p> <p>Workshop 2B: Time Tracking for Joy: Strategies for Women in Medicine Faculty: Rachel Davis Kroencke, MD; University of Utah Health Allie Coy, MD; University of Utah Health Vidya Gopinath, MD; University of Utah Health Alekses Clifton, MD; University of Utah Health Elizabeth McDonald, MD; University of Utah Health</p> <p>Workshop 2C: Redesigning Ambulatory Internal Medicine Training: Building a Vision for Undergraduate Medical Education Faculty: Amy Kwon, MD; Oregon Health & Science University Kaleb Keyserling, MD; Portland VA Medical Center Madeline Marie Foley, BA; University of Utah Health Sarah Eyberg, MD; University of Utah Health</p> <p>Workshop 2D: Dementia in Primary Care: A Practical Approach to Evaluation and Management Faculty: Barak Gaster, MD; University of Washington Kim O'Connor, MD; University of Washington</p>
3:50 – 4:00 pm	TRANSITION BREAK
4:00 – 4:45 pm	<p><u>Oral Presentations</u> Impact of Explanatory Communication on Magnetic Resonance Imaging Preferences and Perceptions of Clinicians in the Context of Low Back Pain</p>

Presenter: Farrah Madanay, PhD; Cleveland Clinic

Connected Care for Older Adults: A Pilot Intervention Engaging Community Health Workers to Advance Age-Friendly Care in Rural Oregon

Presenter: Elizabeth Eckstrom, MD, MPH; Oregon Health & Science University

An Unexpected Case of Hypoglycemia in a Post-Bariatric Patient

Presenter: Mahnam Khizer, MBBS; Parkview Health System

4:45 – 5:00 pm

Closing Session & Award Presentations