



## 2026 SGIM Southwest Regional Meeting

Saturday, January 24, 2026

*Meeting Theme:*

From Clinics to Communities: Integrating Medicine and Advocacy

TIME	EVENT	LOCATION
7:15 am – 8:00 am	<u>Registration / Continental Breakfast</u>	Auditorium Lobby
8:00 am – 8:15 am	<u>Welcome</u> Bernice Ruo, MD; UCSD School of Medicine Southwest Regional President  <u>Arts &amp; Humanities Oral Presentations</u>	Auditorium
8:15 am – 8:30 am	<u>Scientific Abstract Oral Presentation</u> Rethinking Withdrawal: Phenobarbital versus Benzodiazepines in Real-World Alcohol Withdrawal Care <b>Presenter:</b> Stefani Garcia, MD, The University of New Mexico	Auditorium
8:30 – 8:45 am	<u>Innovation Oral Presentation</u> Cirrhosis Is Preventable! Improving Liver Disease Screening Access: A Primary Care–Based FibroScan Clinic at a Rural Indian Health Service (IHS) Site in New Mexico <b>Presenter:</b> Mia Lozada, MD, Gallup Indian Medical Center	Auditorium
8:50 am – 9:50 am	<u>Update in GIM &amp; Hospital Medicine</u> Jeff Kohlwes, MD, MPH; University of California, San Francisco Veteran Affairs Medical Center	Auditorium
9:50 – 9:55	<u>Transition Break</u>	
9:55 am – 10:55 am	<u>Poster Session 1</u> See the meeting Mobile app for details.	Classroom Building
10:55 am – 11:00 am	<u>Transition Break</u>	

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## **AM Concurrent Workshops**

### **Workshop 1A: Bridging the Cultural Divide via An Age-Friendly Escape Room**

#### **Faculty:**

Silvia Tee, MD; Stanford Medicine  
Lindsey Haddock, MD; Stanford Medicine  
Julie Ngoc Thai, MD, MPH; Stanford Medicine  
Katherine Ward, MD; Stanford Medicine  
Vinita Shastri, MD; VA Palo Alto Health Care System  
Lawrence Ma, MD; VA Palo Alto Health Care System  
Emiley Chang, MD; Harbor-UCLA Medical Center  
Michi Yukawa, MD, MPH; University of California, San Francisco

### **Workshop 1B: Partnering with Patients: Effective Communication in the Age of Digital Health Information Overload**

#### **Faculty:**

Kim Chiang, MD; Stanford University  
Akemi Laura Brown, MD, MS; Stanford University  
Kevin Chang, MD; Stanford University  
Varalakshmi Niranjani, MD, MBA; Stanford University  
Lisa Quach, MD; Stanford University

### **Workshop 1C: The Safety Blueprint: Designing and Improving Patient Safety Curriculum**

#### **Faculty:**

Victoria Ramirez, DO; The University of Arizona Phoenix  
Alexandra Roach, MD; The University of Arizona Phoenix  
Alvin Gibson Wong, MD; The University of Arizona Phoenix

### **Workshop 1D: Beyond the Performative: How to be an Effective Indigenous Ally**

#### **Faculty:**

Mina Felice Tanaka, MD; Northern Navajo Medical Center  
Ida C. Bradley, BSN; Northern Navajo Medical Center

### **Lunch + Roundtables**

Join us during lunch for roundtable discussions with clinicians with diverse backgrounds and experience to network with colleagues and discuss career development. For additional details, view the mobile app.

### **Speed Mentor/Mentee Networking**

Participants will rotate through brief, focused conversations fostering meaningful connections and gaining practical insights, career guidance, and support.

### **National Update**

Eric Bass, MD; SGIM Chief Executive Officer  
Carlos Estrada, MD; SGIM President

### **Clinical Vignette Oral Presentation**

Weakness and Elevated Creatine Kinase: A Case Report of Necrotizing Myositis  
**Presenter:** Danielle Edrea Vigil, BS, Patrick Rendón, MD; The University of New Mexico

**Classroom Building**

**Classroom Building**

**Auditorium**

**Auditorium**

1:30 pm – 2:15 pm	<b><u>Keynote – Climate Change and Health Impacts: Opportunities for Family Medicine</u></b> Dr. Paul Charlton, MD, MA; Gallup Indian Medical Center	Auditorium
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2:15 pm – 2:25 pm	<b><u>Transition Break</u></b>	
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**PM Concurrent Workshops**

**Workshop 2A: Periop Essentials: Mastering the Basics**

**Faculty:**

Saloni Maharaj, MD; Stanford Medicine  
 Sarita Khemani, MD; Stanford Medicine  
 Jessica Tran, MD; Stanford Medicine  
 Ruth Abeles, MD, MS, FACP; University of California San Diego  
 Bernice Ruo, MD; University of California San Diego  
 Laura Eger, MD; University of California San Diego  
 Tanner Slayden, MD; University of California San Diego

**Workshop 2B: POCUS In Practice: Empowering Outpatient Care in Internal Medicine**

**Faculty:**

Jeremy Snyder, MD; University of New Mexico  
 Samuel Clarin, MD; University of New Mexico  
 Alexandra Millhuff, DO; University of New Mexico  
 Molly Lukes, MD; University of New Mexico

2:25 pm – 3:25 pm	<b>Workshop 2C: From Hospitals to Communities: Designing Community Academic Partnerships in General Internal Medicine to Improve Transitions and Enhance Health Equity</b>	
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**Faculty:**

Christine Santiago, MD, MPH; Stanford Medicine  
 Alexandria Blacker, PhD, MPH; Stanford Medicine

**Teaching Competition**

Auditorium

When Less Is More: A Practical Approach to Deprescribing  
**Presenter:** Julia Goupil, MD, University of California Davis Health

Bridging the Night and Day: Presenting Overnight Admissions on Morning Rounds  
**Presenter:** Neil Patel, MD; University of California San Diego

Simplifying the EKG: From Vectors to Wearables!  
**Presenter:** Malik Alqawasmi, MD; The University of New Mexico

Cirrhosis and Its Sequelae  
**Presenter:** Farah Abdulkadir Issa, MBBCh; Dignity Health St. Rose Dominican

3:30 – 4:30 pm	<b><u>Poster Session 2</u></b> <i>See the meeting Mobile app for details.</i>	Classroom Building
4:35 pm – 5:05 pm	<b><u>Open Forum – Listening Session</u></b>	Classroom Building
5:10 pm – 5:30 pm	<b><u>Closing Remarks &amp; Awards Presentations</u></b>	Auditorium
5:30 pm – 6:00 pm	<b><u>Closing Social Gathering (Optional)</u></b>	Auditorium Lobby