

## 2025 SGIM Midwest Regional Meeting

Case Western Reserve University Tinkham Veale University Center

11038 Bellflower Rd, Cleveland, OH 44106

Shaping the Next Era of General Internal Medicine at the Intersection of Science, Advocacy, and Compassion

**Monday, October 20, 2025**

Registration: 7:00 am – 6:00 pm

### Breakfast

**8:00 AM – 8:45 AM**  
**Ballroom Foyer**

### Opening Session

**8:45 AM – 9:00 AM**  
**TVUC Ballroom**

### Plenary Session 1

**9:00 AM – 9:45 AM**  
**TVUC Ballroom**

David M. Margolius, MD; Director, Cleveland Department of Public Health

### Transition Break

**9:45 AM – 10:00 AM**

### Concurrent Session A

**10:00 AM – 11:00 AM**

#### Workshop A1

**TVUC Ballroom A**

Look, Ma, No Code! Learn How to Create Virtual Tutors and Virtual Standardized Patients Using Generative AI

**Faculty:**

Neil Mehta, MBBS, Anika Sonig, BA, and Seysha N. Mehta, BA; Cleveland Clinic Lerner College of Medicine of Case Western Reserve University

#### Workshop A2

**TVUC Ballroom B**

Demystifying the Academic Promotion Process: Strategies, Suggestions, and Stories for Success: Where are You in the Promotion Process? Igniting Next Steps!

**Faculty:**

Andy Ekpenyong, MD and Octavio A. Vega, MD; Rush University Medical Center

#### Workshop A3

**TVUC Ballroom C**

Leadership in Healthcare: Understanding & Evolving

**Faculty:**

Moises Auron, MD and Christopher Whinney, MD; Cleveland Clinic Foundation

**Workshop A4**

TVUC Senior Classroom

Clear Lines, Healthy Minds: Mastering Boundaries in Medicine

**Faculty:**

Nicole Marie Frerichs, DO and Sajal Akhtar, MD; Cleveland Clinic

**Morning Break****11:00 AM – 11:10 AM****Updates in Hospital Medicine****11:10 AM – 11:50 AM****TVUC Ballroom**

**Christopher Whinney, MD;** Cleveland Clinic Lerner College of Medicine of Case Western Reserve University, Department of Hospital Medicine

**Humanities Presentations****11:50 AM – 12:10 PM****TVUC Ballroom****Break and Grab Lunch****12:10 PM – 1:00 PM****Ballroom Foyer****Lunch & Exhibits****12:10 PM – 1:00 PM****Ballroom Foyer****Transition Break****1:00 PM – 1:05 PM****Concurrent Session B****1:05 PM – 2:05 PM****Scientific Abstract Oral Session B****TVUC Ballroom A**

Association of Area Poverty with Performance of Electronic Medical Record Tool for Predicting Six-Month Mortality in Hospitalized Patients with Cancer

**Presenter:** Matthew P. Landler, MD; Northwestern University Feinberg School of Medicine

Trends in the Use of Anti-Obesity Medications and Metabolic and Bariatric Surgery Among All of Us Participants from 2000 to 2023

**Presenter:** Olajide Adenkunle, PhD; Cleveland Clinic

Is ChatGPT a Reliable Standalone Patient Education Tool? A Review of Frequently Asked Questions by COPD Patients

**Presenter:** Yizhu Yin, MBBS, MD; Università Cattolica del Sacro Cuore

QALYs and Physician Time: A Framework for Prioritizing Amongst the Preventive Care Guidelines

**Presenter:** Justin Porter, MD; The University of Chicago Medicine

## Clinical Vignette Oral Session B

TVUC Ballroom B

A Rare Presentation of Treatment-Resistant Anti-HMGCR Myopathy Requiring Intubation and Rituximab

**Presenter:** Jennifer John, MS; A T Still University

Bug Meets Bulge: The Pseudoaneurysm Deception

**Presenter:** Aileen Figueroa Sierra, BA; Rush University, Rush Medical College

Rash and Respiratory Distress in a 21-Year-Old Male

**Presenter:** Quinn Vatland, MD; University of Iowa Hospitals and Clinics

Hardware-Associated *Mycobacterium fortuitum* Infection with Antibiotic Hypersensitivity in an Immunosuppressed Host

**Presenter:** Audrey Goldstein, MD; Rush University Rush Medical College

## Innovation Oral Session B

TVUC Ballroom C

Personalized AI-Powered Virtual Tutors and Course Notebooks for Precision Medical Education

**Presenter:** Neil Mehta, MBBS; Cleveland Clinic

Empowering Resident Advocates: Development of a Peer-Driven Physician Advocacy Curriculum for Internal Medicine Residents

**Presenter:** Marianna Frey, MD; University Hospitals Health System

Mailed Fecal Immunohistochemical Testing Outreach to Improve Colorectal Cancer Screening at the Northeast Ohio VA

**Presenter:** Andrew T. Harris, MD; Louis Stokes Cleveland VA Medical Center

Promoting Inpatient Participation in the Electoral Process at a Safety-Net Hospital in Cleveland, Ohio

**Presenter:** Thomas Lampeter, DO; The MetroHealth System

## Transition Break

2:05 PM – 2:10 PM

## Updates in Primary Care

2:10 PM – 2:50 PM

TVUC Ballroom

Jason T. Alexander, MD; University of Chicago

## Afternoon Break

2:50 PM – 3:00 PM

**Workshop C1****TVUC Ballroom A**

Building Relationships for Mutual Growth: What SGIM Can Do for You & What You Bring to SGIM to Energize Professional Development and Engagement in GIM

**Faculty:**

Stacey E. Jolly, MD, Cleveland Clinic Foundation; Krista M. Johnson, MD, University of Iowa; Eduard Vasilevskis, MD, MPH, University of Wisconsin School of Medicine; Julie Oyler, MD, University of Chicago Pritzker School of Medicine

**Workshop C2****TVUC Ballroom B**

Risk Assessment and Early Detection: Navigating Approaches to Breast Cancer Screening

**Faculty:**

Diana Jaber, MD; Anna Briker, MD; Jordi Friedman, MD; Aarati Didwania, MD; Northwestern University

**Workshop C3****TVUC Ballroom C**

Feedback for the Whole Learner: Introducing Identity in the Feedback Relationship

**Faculty:**

Ana Monica Yepes-Rios, MD, Case Western Reserve University; Rachel King, JD, Cleveland Clinic; Timothy David Gilligan, MD, Cleveland Clinic Lerner College of Medicine

**Workshop C4****TVUC Senior Classroom**

Training Academic Primary Care Faculty to Build Custom GPTs for Resident Education

**Faculty:**

Andrew Young, DO; Indiana University School of Medicine; Eric Yudelevich, MD, Cleveland Clinic; Sharen Jhaveri, MD, Cleveland Clinic

**Poster Session****4:05 PM – 5:05 PM****TVUC Smith Commons and Student Organization Center – 1<sup>st</sup> Floor**

A list of poster presentations will be included in the meeting Mobile App.

<b>Breakfast</b>	<b>8:00 AM – 8:45 AM</b> <b>Ballroom Foyer</b>
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<b>National Update</b>	<b>8:45 AM – 9:00 AM</b> <b>TVUC Ballroom</b>
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**Carlos A. Estrada, MD**; 2025-2026 SGIM President  
**Eric Bass, MD, MPH, FACP**; Chief Executive Officer SGIM

<b>Plenary Session 2</b>	<b>9:00 AM – 9:45 AM</b> <b>TVUC Ballroom</b>
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**Monica Peek, MD, MPH**; Chicago Center for Diabetes Translational Research

<b>Transition Break</b>	<b>9:45 AM – 10:00 AM</b>
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<b>Concurrent Session D</b>	<b>10:00 AM – 11:00 AM</b>
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**Scientific Abstract Oral Session D** **TVUC Ballroom A**

My Diabetes, My Community: A Randomized Controlled Trial of a Nurse-Led Care Management Program to Engage Older Diabetes Patients in Personalized Goal Setting and Disease Management  
**Presenter:** Elbert S. Huang, MD, MPH; University of Chicago Pritzker School of Medicine

The Formation and Impact of Goals in Older Adults with Type 2 Diabetes  
**Presenter:** Alec Jacobson; University of Chicago Pritzker School of Medicine

Reasons for Discontinuation of Obesity Pharmacotherapy with Semaglutide or Tirzepatide in Clinical Practice  
**Presenter:** Hamlet Gasoyan, PhD; Cleveland Clinic

Screening for Post-Traumatic Stress Disorder in a Federally Qualified Health Center: Early Results  
**Presenter:** Ainur Kagarmanova, MS, MA; The University of Chicago Division of the Biological Sciences

**Clinical Vignette Oral Session D** **TVUC Ballroom B**

More than What Meets the Eye: Lung Cancer's First Sign  
**Presenter:** Ayham Al-Omari, MD; Detroit Medical Center

When Walking Turns Fatal: Cardiac Arrest During Physical Therapy in Critical Aortic Stenosis  
**Presenter:** Kevin Chen, MD; Northwestern Medicine McHenry Hospital

A Hidden Culprit: Paraneoplastic Cushing's Syndrome from a Pulmonary Carcinoid Tumor Diagnosed Six Years After Presentation

**Presenter:** Kyle Patrick O'Hollaren, MS; Wayne State University School of Medicine

## Innovation Oral Session D

TVUC Ballroom C

Improving Type 2 Diabetes Control in Marginalized Adult Populations while Addressing Social Determinants of Health

**Presenter:** Jayne Barr, MD; Case Western Reserve University

A Curriculum for Motivational Interviewing in the Care for People with Opioid Use Disorder: The Resident As Learner and Teacher

**Presenter:** Priyal Gandhi, MD; MetroHealth Medical Center

Integrating Residents into an Organizational Quality Metric to Reduce 30-Day Readmissions in Patients with Acute Decompensated Heart Failure: Interdisciplinary QI Project

**Presenter:** Josephine Pitasari, MD; McLaren Flint Hospital

A Population Health QI Project: Hypertension Management in a Primary Care Clinic Through a Team-Based Approach

**Presenter:** Josune Iglesias, MD; Cook County

## Teaching Competition

Senior Classroom

Laryngectomies for the Hospitalist

**Presenter:** Jacob M. Scott, BS; Rush University Rush Medical College

Reframing Functional Abdominal Pain: A Novel, Evidence-Based Role for Antipsychotics

**Presenter:** Nicholas Walenga, MD; Rush University Rush Medical College

## Transition Break

11:00 AM – 11:10 AM

## Update in Medical Education

11:10 AM – 11:50 AM

TVUC Ballroom

Philicia Duncan, MD and Allison Heacock, MD; The Ohio State College of Medicine

## Transition Break

11:50 AM – 12:00 PM

## Awards, Closing Session, and Refreshments

12:00 PM – 12:30 PM

TVUC Ballroom