

**Sharon H Aroda, MD**  
Virginia Tech Carilion Clinic  
Department of Internal Medicine  
3 Riverside Circle, Roanoke VA 24016  
sharoda@carilionclinic.org

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**Education**

05/2008- 05/2012	Medical Degree Florida State University Tallahassee, Florida
08/2005- 05/2008	Bachelor of Science, <i>cum laude</i> in Interdisciplinary Studies with concentration in Biology University of Florida Gainesville, FL 32611

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**Postgraduate Training and Fellowship Appointments**

07/2012-06/2015	Internship/Residency, Internal Medicine University of South Florida Tampa, Florida
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**Other Training**

12/9/2015-12/11/2015	UCLA Mini Reynolds Fellowship in Geriatric Medicine, Los Angeles, California
10/9/2015-10/11/2015	PCMH Congress: Transition University of South Florida into Patient Centered Medical Home
02/2007-08/2007	Undergraduate Research Assistant at University of Florida Department of Botany

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**Employment/Academic Appointments**

02/2024-current	Virginia Tech Carilion Assistant Professor of Medicine Clinical Preceptor for Internal Medicine Resident Continuity clinic Clinical Preceptor for Women's Health rotation for IM residents
08/2017-08/2023	University of Florida, Gainesville, FL Assistant Professor of Medicine Clinical Preceptor for Internal Medicine Resident continuity clinic Clinical Preceptor for 3 <sup>rd</sup> /4 <sup>th</sup> year medical student Clinical Preceptor for Women's Health rotation for IM residents Mentor for Internal Medicine Residents, Clinical Competency Committee
08/2016-06/2017	Ohio Health Physicians Group, Columbus, OH Assistant Professor/Medical Physician

Hybrid practice with Transitions of Care clinic and Primary care panel  
 Clinical Preceptor for Transition of Care Resident Clinic  
 Collaborating physician for 3 CNP providers

08/2015-07/2016      University of South Florida, Tampa, FL  
 Assistant Professor of Medicine  
 Faculty at Byrd Institute, evaluating patients for memory clinic  
 Clinical Preceptor for Doctoring 1 course for MS1 students  
 Clinical Preceptor for Internal Medicine Resident continuity clinic

### **Teaching Experience**

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08/2024-current	Longitudinal Ambulatory Care Experience (LACE) preceptor for MS1
08/2024-current	Ambulatory module facilitator for Continuity Clinic residents
07/2024	Women's health lecture for Internal Medicine residents: preventive care, contraception, menopause care
07/2024-current	Faculty evaluation of Medical Student Year 1 & 2 Clinical Write up, completed monthly
07/2024	Teaching Medical Students on Sexual History Interview Skills
07/2024	Medical Student Case Based Workshop: Intro to Preventative Healthcare, USPSTF & Guidelines
07/2024-current	Preceptor: Womens Health clinic for IM residents on ambulatory rotation
07/2024-current	Preceptor: Continuity Care clinic for IM residents
06/2023	GIM Board Review for IM Residents
06/2023	Lecture for Primary Care Track Residents: Women's Health 'WH: High Yield Topics'
05/2023	Internship 101: Womens' Health and Contraception for medical students transitioning from 4 <sup>th</sup> year MS to Intern year
10/2022	Faculty Teaching: Resident Resiliency Small Group Session Teaching Reflective Writing/Narrative Medicine, Health Policy & Advocacy
06/2022	GIM Board Review for IM Residents
05/2022	Faculty Leader Morning report

	‘Osteoporosis/Vitamin D deficiency’
05/2022	Lecture for Primary Care Track Residents: Women’s Health ‘WH: High Yield Topics’
05/2022	Internship 101: Womens’ Health and Contraception for medical students transitioning from 4 <sup>th</sup> year MS to Intern year
03/2022	Faculty Teaching: Resident Resiliency Small Group Session Teaching Reflective Writing/Narrative Medicine, Health Policy & Advocacy
02/2022	Faculty Teaching: Resident Resiliency Small Group Session Teaching Reflective Writing/Narrative Medicine, Health Policy & Advocacy
02/2022	Faculty Leader Morning report ‘Women’s Health’
08/2021-08/2023	Annual update of pre-clinic conference teaching material: Preventative screening guidelines, Osteoporosis
08/2021-08/2023	Faculty Preceptor for Primary Care Track Residents focusing on Womens Health experience in the clinic
08/2021	Faculty Leader Morning report ‘Preventative Medicine’
09/2020-04/2021	Faculty Preceptor: Putting Families First course
10/2020	Lecture for Primary Care Track Residents: Women’s Health ‘Pap smears, Vaginitis, STD’
09/2020	Faculty Teaching: Resident Resiliency Small Group Session Teaching Reflective Writing/Narrative Medicine, Health Policy & Advocacy
08/2018-08/2023	Faculty Preceptor for Primary Care Track Residents
06/2019	Faculty Leader Ambulatory Morning Report ‘Vitamin D, Osteoporosis’
05/2019	Lecture for Primary Care Track Residents: Women’s Health ‘Contraception, Menopause, Incontinence’
02/2019	Noon Conference Lecture for Internal Medicine Residents

#### Internist Guide to Well Woman Visit

01/2019- 02/2019	Course Leader: Evidence Based Medicine course Teaching first year medical students key EBM principles and apply them to critically appraise selected peer-reviewed journal articles
09/2018, 03/2019, 09/2020	Faculty Teaching: Resident Resiliency Small Group Session Teaching on Work Life Balance, Time management, Positive Psychology, Mindfulness
08/2018-04/2019	Development of pre-clinic conference teaching material: Preventative screening guidelines, Osteoporosis
08/2018-04/2019	Faculty Preceptor: Putting Families First course Teaching students of multitude specialties on healthcare needs of families in the community
01/2018-02/2018	Course Leader: Evidence Based Medicine course Teaching first year medical students key EBM principles and apply them to critically appraise selected peer-reviewed journal articles
08/2017- 08/2023	Preceptor: Medical students, primary care rotation
08/2017- 08/2023	Preceptor: Continuity Care clinic for IM residents
08/2016-06/2017	Preceptor: Resident clinics for Transitions of Care clinic
01/2016- 07/2016	Preceptor: Teach residents in Geriatric medicine at FQHC per HRSA grant awarded to increase geriatric teaching and referral to local senior center for Geriatric Workgroup Enhancement Program (GWEP)
08/2015-05/2016	Preceptor: Doctoring 1 at University of South Florida: Clinical preceptor for medical and physical therapy students in year 1 teaching history and physical exam skills
08/2015-07/2016	Preceptor: Continuity Care clinic for IM residents

#### **Mentoring**

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2024- current	Mentorship, 2 residents
2022-2023	Clinical Competency Committee member, mentoring 5 residents
2021-2022	Clinical Competency Committee member, mentoring 5 residents
2020-2021	Clinical Competency Committee member, mentoring 5 residents
2019-2020	Clinical Competency Committee member, mentoring 4 residents

#### **Leadership**

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2024-current	Medicare Annual Wellness Planning Committee
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	Carilion Clinic
2024- 2025	Workshops Planning Committee, Committee Chair Southern SGIM 2025 Regional Meeting
2023-current	Member of GIMLearn Content Team Editorial Advisory Board, GIMLearn
2023-2024	Workshops Planning Committee, Committee Chair Southern SGIM 2024 Regional Meeting
2023	Workshops Reviewer for SGIM 2024 National Meeting
2022-2023	Workshops Planning Committee, Committee Chair Southern SGIM 2023 Regional Meeting
2021-2022	Secretary/Treasurer, Southern SGIM Committee Planning Committee for Southern SGIM 2022 Regional Meeting (virtual)
2020-2021	Secretary/Treasurer Elect, Southern SGIM Committee Planning Committee for Southern SGIM 2021 Regional Meeting (virtual)
2020	Moderator Oral Presentations, Southern SGIM 2020 Regional Meeting
2019-2020	Clinical Vignette Planning Committee, Committee Chair Southern SGIM 2020 Regional Meeting
2019-2020	Vignette Reviewer for Southern SGIM 2020 Regional Meeting
2019	Moderator Oral Presentation, Southern SGIM 2019 Regional Meeting
2018-2019	Clinical Vignette Planning Committee, Committee Chair Southern SGIM 2019 Regional Meeting
2018-2019	Abstract Reviewer for Southern SGIM 2019 Regional Meeting
2018	GIM Open House Event, Planning Committee Member UF Internal Medicine
2016	Geriatric Workforce Enhancement Program, faculty leader

### **Certification**

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American Board of Internal Medicine

Certified 08/2015- 08/2025

Participating in Maintenance of Certification

United States Medical Licensing Examination

Step I: passed June 2010  
Step 2CK: passed July 2011  
Step 2CS: passed May 2011  
Step 3: passed May 2014

08/2014-08/2016: Advanced Cardiac Life Support  
08/2014-08/2016: Basic Life Support

### Licenses

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04/2023- 07/2026	ACTIVE: Virginia Department of Health Professions
09/2014- 01/2025	INACTIVE: Florida Department of Health, Florida Board of Medicine
03/2016- 07/2017	INACTIVE: State Medical Board of Ohio

### Honors, Awards

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05/2022	Patient's First Award, UF Health
06/2020	Patient's First Award, UF Health
10/2019	2019 Exemplary Teacher Award, UF Health
06/2019	Patient's First Award, UF Health
12/2018	Excellence in Patient Satisfaction Provider Award, UF Health, 98 <sup>th</sup>
percentile	
05/2018	Patient's First Award, UF Health
10/2012	Intern of the month: Moffit Cancer Center, Inpatient Oncology
06/2013	Intern of the month: Tampa General Hospital, Inpatient Wards
10/2013	Resident of the month: James A Haley VA Hospital, Inpatient Wards

### Posters

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#### *Local*

Witherington, Madison, Aroda S, Rosenberg E, Goede D. **Improving Cervical Cancer Screening Rate at UF Health Internal Medicine Spring Hill Clinic.** Poster presented at UF Department of Medicine Research Day in Gainesville, FL. October 26, 2023.

#### *Regional*

Saigal, Khush, Shah A, Aroda, S. **The Red Eye: What the Primary Care Physician Should Know about Common Ophthalmology Conditions.** Poster presented at FAFP 2024 in Orlando, FL. April 5, 2024.

Hanayneh W, Aroda S. **Copper Deficiency Myelopathy: An Under-Recognized Entity.** Poster presented at SSGIM Regional Meeting 2019 in Houston, TX. February 15, 2019.

#### *National*

Witherington, Madison, Aroda S, Rosenberg E, Goede D. **Using Patient Navigation to Improve Cervical Cancer Screening at an Academic Internal Medicine Clinic.** Poster presented at SGIM National Meeting. May 2024.

Slone S, Badana A, Suastegi J, Marks J, Fontoura J, Tash K, Syed F, Aroda S, Guerra L. **Increase Pneumovax 23 Vaccination Rates in Geriatric Patients: A GWEP**

**Interdisciplinary Approach.** Poster presented at Gerontologic Society of America 2016 meeting. New Orleans, LA. November 2016.

Nat A, Stewart M, Lai A, Pribish A, Patel A, Nat A, Burns T, Rizk V, Ramos-Matos C, Aroda S, Kothari A, Melzer E, Reiss A (2015, June). **Improvement in Quality of Influenza Management Via a Multidisciplinary Approach.** Poster presented at AAMC Integrating Quality conference, Chicago, IL.

## Publications

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- 2024        McClintock, A. H., Rusiecki, J., Casas, R. S., Henrich, J. B., Schwarz, E. B., & Kwolek, D. G. (2024). Special Report: Entrustable Professional Activities in Sex- and Gender-Based Women's Health. *Journal of General Internal Medicine*. <https://doi.org/10.1007/s11606-024-08843-2>. \*Member of the Sex and Gender Based Women's Health Education EPA workgroup contributing to drafting initial EPA for this publication
- 2024        Aroda, S., Sheer, A., & Narendra, N. (2024). Burnout and Steps Toward Wellness. In *Leading an Academic Medical Practice* (2nd ed.). Springer Cham. <https://doi.org/10.1007/978-3-031-40273-9>
- 2020        Gogineni VSM, Manfrini D, Aroda SH, Zhang Y, Nelson DS, Egerman R, Park K. Variations in Awareness of Association Between Adverse Pregnancy Outcomes and Cardiovascular Risk by Specialty. *Cardiol Ther*. 2021 Dec;10(2):577-592. Epub 2021 May 27. <https://doi.org/10.1007/s40119-021-00220-y>
- 2016        Slone S, Badana A, Marks J, Fontoura J, Tash K, Syed F, Aroda S, Guerra L. Increasing Pneumovax 23 Vaccination Rates in Geriatric Patients: A GWEP Interdisciplinary Approach, *The Gerontologist*, Volume 56, Issue Suppl\_3, November 2016, Page 100, <https://doi.org/10.1093/geront/gnw162.391>

## Presentations

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- 05/2025    Scheduled to Present: Pearls of Womens Health  
75<sup>th</sup> Annual Spring.Symposium, Roanoke VA  
May 23,2025
- 06/2022    Journal Club Presentation to Internal Medicine Physicians  
Papi et al. "Albuterol–Budesonide Fixed-Dose Combination Rescue Inhaler for Asthma", *NEJM*, 386;22. June 2,2022
- April/2022    Workshop: Growing Resilient & Efficient Clinician Leaders  
SGIM National Meeting April 8, 2022  
AAIM Annual Meeting April 11, 2022

Co presenters- Nila Radhakrishnan, Margaret Lo, Diane Goede, Amy Sheer

09/ 2018      Journal Club Presentation to Internal Medicine Physicians  
Hayden et al. *Baloxavir Marboxil for Uncomplicated Influenza in Adults and Adolescents*, *NEJM*, 379;10. Sept 2018.

### Research Experience

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2022            American Cancer Society Grant  
Project to improve cervical cancer screening rates in IM clinic  
2022            QI project to screen patients at high risk and offer genetic testing/modified breast  
imaging for breast cancer screening  
2021-2022      Clinical Champion for IGNITE II Research Trial

09/2007-05/2008  
Characterization of the structures and dynamics of specific BSP constructs via  
comparison of phosphorylation effects, primary sequence, and energetics.  
University of Florida, Department of Biochemistry, Joanna Long, Ph.D

02/2007- 08/2007  
Arabidopsis cultures and calcium dependent protein kinases (CDPK's):  
Physiological stresses and their connection with CDPK's.  
University of Florida, Department of Botany

### Languages

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English, Hindi

### Volunteer Activities/Service

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2025            Volunteer Physician, Bradley Free Clinic, Roanoke VA  
2025            Reviewer for AAMC National Group of Educational Affairs grant proposals  
2022            Strategic Accountability Team, **People Pillar**  
Consultative role for Project Teams by providing input as needed during project  
development and implementation  
03/2020        Faculty Physician, Mission trip to Ecuador, Project Heal  
2017-2020      Volunteer Physician, Equal Access Free clinic, University of Florida  
07/2012-06/2015  
Volunteer, BRIDGE Healthcare Free Clinic, University of South Florida College  
of Medicine, Tampa, Fl  
01/2010-01/2012



Volunteer at Give Kids the World  
Disney World program set for the more needy

08/2009-09/2009

Mission trip to Nicaragua, Students Interested in Global Health  
College of Medicine Tutor

**Professional Association Memberships**

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Member, Virginia Tech School of Medicine TEACH program

Member, GWIMS – Virginia Tech

Member, Society of General Internal Medicine