Every day, internists grapple with critical decisions that influence the lives of their patients. In this new SGIM series, Evidence-based Clinical Pearls, we present clinically relevant challenges, focusing on topics in which the diagnosis/management has changed over the past few years.

The Evidence-based Clinical Pearls series will run throughout the meeting in three sessions: Acute Presentation of Disease (Saturday), Chronic Disease Management (Thursday), and Communication and Behavioral Health (Friday). Each 90-minute session will highlight three challenging clinical dilemmas likely to be encountered by internists. Our experts will discuss each topic for 20 minutes. During their presentations, our nine experts will present a short clinical case, answer four to five clinical questions about the topic, review common mistakes in diagnosis and management, and provide “Five Evidence-based Clinical Pearls” that will inform your practice.

For instance, Marshall Chin (University of Chicago) will address evidence-based approaches to improving lifestyle adherence among diabetes patients. James Foody (Northwestern University) will discuss key differentiating questions that can help you appropriately classify and treat headache patients. Carlos Estrada (University of Alabama) will review cost-effective surgical and non-surgical approaches to low back pain. Brian Gage (Washington University) will compare the different CHADS2 scores and discuss what RELY, ROCKET, and ARISTOLE trials tell us about new anticoagulants. And, more!

We hope that this series will provide SGIM members with a practical, useful, and relevant set of clinical tools that will inform and improve their practice.

Communication and Behavioral Health
Friday, May 11, Session D 3:00-4:30 pm

We think that this series will be quite wonderful (and useful) and are excited to have you interact with our content experts. See you in Florida in May!