

ANNUAL MEETING UPDATE: PART II

Evidence-based Clinical Pearls 2012: A New SGIM Series Wrestling with Important Clinical Challenges

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Drs. Srinivasan and Jaffer are the co-chair and chair, respectively, of Evidence-based Clinical Pearls.

- How do I prevent a stroke in my patient with atrial fibrillation?
- How do I diagnose and manage my patient with a complex headache?
- How do I get my patient to stop smoking? Is there anything new I can try?

Everyday, internists grapple with critical decisions that influence the lives of their patients. In this new SGIM series, Evidence-based Clinical Pearls, we present clinically relevant challenges, focusing on topics in which the diagnosis/management has changed over the past few years.

The Evidence-based Clinical Pearls series will run throughout the meeting in three sessions: Acute Presentation of Disease (Saturday), Chronic Disease Management (Thursday), and Communication and Behavioral Health (Friday). Each 90-minute session will highlight three challenging clinical dilemmas likely to be encountered by internists. Our experts will discuss each topic for 20 minutes. During their presentations, our nine experts will present a short clinical case, answer four to five clinical questions about the topic, review common mistakes in diagnosis and management, and provide “Five Evidence-based Clinical Pearls” that will inform your practice.

For instance, Marshall Chin (University of Chicago) will address evidence-based approaches to improving lifestyle adherence among diabetes patients. James Foody (Northwest-

ern) will discuss key differentiating questions that can help you appropriately classify and treat headache patients. Carlos Estrada (University of Alabama) will review cost-effective surgical and non-surgical approaches to low back pain. Brian Gage (Washington University) will compare the different CHADS2 scores and discuss what RELY, ROCKET, and ARISTOLE trials tell us about new anticoagulants. And, more!

We hope that this series will provide SGIM members with a practical, useful, and relevant set of clinical tools that will inform and improve their practice.

Acute Presentation of Disease

Saturday, May 12, Session E
11:00 am-12:30 pm

- *Syncope*: Kurt Pfiefer, MD, The Medical College of Wisconsin
- *Heart failure*: William Southern, MD, Montefiore Medical Center
- *Atrial fibrillation*: Brian F. Gage, MD, Washington University

Chronic Disease Management

Thursday, May 10, Session B
3:00-4:30 pm

- *Hypertension*: Shakaib Rehman, MD, FACP, FAACH, VHA-CM, Medical University of South Carolina
- *Low back pain*: Carlos A Estrada, MD, MS, University of Alabama at Birmingham
- *Headache*: James Foody, MD, Northwestern University

Communication and Behavioral Health

Friday, May 11, Session D
3:00-4:30 pm

- *Smoking cessation*: Nancy A. Rigotti, MD, Massachusetts General Hospital
- *Prostate cancer screening*: Michael Barry, MD, Massachusetts General Hospital
- *Diabetes medications/lifestyle adherence*: Marshall H. Chin, MD, MPH, The University of Chicago

We think that this series will be quite wonderful (and useful) and are excited to have you interact with our content experts. See you in Florida in May!