

I'd like to ask you some questions about your mood that I ask all my patients

Choose the best answer for how you have felt over the past week:	
<p>1. Are you basically satisfied with your life? YES / NO</p> <p>2. Have you dropped many of your activities and interests? YES / NO</p> <p>3. Do you feel that your life is empty? YES / NO</p> <p>4. Do you often get bored? YES / NO</p> <p>5. Are you in good spirits most of the time? YES / NO</p> <p>6. Are you afraid that something bad is going to happen to you? YES / NO</p> <p>7. Do you feel happy most of the time? YES / NO</p> <p>8. Do you often feel helpless? YES / NO</p> <p>9. Do you prefer to stay at home, rather than going out and doing new things? YES / NO</p> <p>10. Do you feel you have more problems with memory than most? YES / NO</p> <p>11. Do you think it is wonderful to be alive now? YES / NO</p> <p>12. Do you feel pretty worthless the way you are now? YES / NO</p> <p>13. Do you feel full of energy? YES / NO</p>	

14. Do you feel that your situation is hopeless? YES / NO	
15. Do you think that most people are better off than you are? YES / NO	

Answers in **bold** indicate depression. Although differing sensitivities and specificities have been obtained across studies, for clinical purposes a score > 5 points is suggestive of depression and should warrant a follow-up interview. Scores > 10 are almost always depression.